

Domestic Abuse Contacts

<u>Service user</u>	<u>Helplines</u>	<u>Telephone number</u>	<u>Website</u>
Victim	National Domestic Violence Helpline Support and refuge space	Freephone 24-hour 0808 2000 247	www.nationaldomesticviolencehelpline.org.uk/
Victim	Women's Aid Support and refuge space		www.womensaid.org.uk/
Male Victims	Men's Advice Line	Freephone Monday - Friday 9am-5pm 0808 801 0327	www.mensadvice.org.uk/
Stalking	National Stalking Helpline	0808 802 0300 09:30 – 16:00 Weekdays (except Wed 13:00 – 6:00) advice@stalkinghelpline.org	www.stalkinghelpline.org/
Forced Marriage	Forced marriage unit Foreign and Commonwealth office	0207 008 0135 or 0207 008 0230 Monday to Friday 9am – 5pm Emergency out of hours 0207 008 1500	www.gov.uk/guidance/forced-marriage
Honour Based Abuse	Karma Nirvana	0800 599 9247 Monday – Friday 0930-1700 please note first Monday of every month from 0930 until 1300	www.karmanirvana.org.uk
Emergency Injunction	National Centre for Domestic Violence(NCDV) Free , fast emergency injunction service	0800 970 2070 Text NCDV to 60777	www.ncdv.org.uk
Children	The Hideout		thehideout.org.uk
Children	Kids Inspire (mid essex)	01245 348707 Email: Clinicaladmin@kidsinspire.org.uk	kidsinspire.org.uk
Perpetrators	Essex Change	01245 258680 ext 223 or 077872541982	www.essexchange.org