

Hi, my name is Jo and I am an operational firefighter at Harlow Central Fire Station. I am organising an Ageing Safely event at Harlow Fire Station on July 9th 2016 from 11.00hrs until 15.00 hrs.

Within the fire service we are seeing a continued rise in varying incidents involving older people within both sheltered accommodation and those who are still living independently, in addition I am sure you are aware of the health, welfare and social issues that older people face on a daily basis. With this in mind I want to run an awareness event that hi-lights these issues, signposts assistance and offers the opportunity for likeminded people to get together to support the community. The event will be free to all and I would like to invite and encourage the relevant organisations within Harlow and Essex to attend and support the day.

I have attached a plan of the day and the promotional poster, however at the moment I am trying to gauge whether there would be an interest from yourself and others to attend or support the day. If you could let me know if you are able to offer your support by return of this email over the next few days it would be very much appreciated and please feel free to forward to those that you may feel may also be interested in attending.

Thank you in advance for any support that you can give in bringing an event to Harlow that hi-lights the issues faced by the elderly but also showcases what is available within the Harlow community.