

Theophylline 3.1.3	1st line- Theophylline	175mg SA Tabs, 250mg SA Tabs ; Nuelin®	PRESCRIBE BY BRAND NB; All oral Theophylline and Aminophylline products should be prescribed by brand due to differences in bioavailability
		200mg MR Tabs, 300mg MR Tabs, 400mg MR Tabs ; Uniphyllin®	
		60mg MR Caps, 125mg MR Caps, 250mg MR Caps ; Slo-Phyllin®	
	2nd Line- Aminophylline	225mg MR Tabs, 350mg MR Tabs ; Phyllocontin®	
Compound Bronchodilator 3.1.4	2nd line - Salbutamol/Ipratropium	Combivent® 2.5mg/500mcg Nebules	PRESCRIBE BY BRAND
	Acidinium bromide/ Formoterol fumarate	Duaklir® Genuair® 340mcg/12mcg	PRESCRIBE BY BRAND
	Tiotropium bromide /Olodaterol	Spiolto® Respimat® 2.5mcg/2.5mcg	PRESCRIBE BY BRAND
	Indacaterol maleate/ Glycopyrronium bromide	Ultibro® Breezhaler® 85mcg/43mcg	PRESCRIBE BY BRAND
	Umeclidinium /Vilanterol	Anoro® Ellipta® 55mcg/22mcg	PRESCRIBE BY BRAND
Peak Flow Meters, Inhaler devices 3.15	Peak Flow Meters	Std and low range	
	Spacer devices	Aerochamber Plus®, Volumatic®, Able Spacer®	PRESCRIBE BY BRAND

[Corticosteroids](#)
[MHRA August 2017 Corticosteroids: rare risk of central serous chorioretinopathy with local as well as systemic administration](#)

1st line- Beclometasone	Clenil® 50mcg/100mcg/200mcg/250mcg or QVAR® 50mcg/100mcg CFC free Aerosol, Breathe actuated device	PRESCRIBE BY BRAND CFC free aerosol inhalers are not interchangeable so should be prescribed by brand Qvar® or Clenil®
2nd line- Budesonide	Easyhaler® 100mcg/200mcg/400mcg Dry powder inh, 250mg/ml nebuliser soln, 500mg/ml nebuliser soln	PRESCRIBE BY BRAND
2nd line- Fluticasone	Flixotide Evohaler® 50mcg/125mcg/250mcg Flixotide Accuhaler® 50 mcg/100 mcg/250 mcg/500 mcg	PRESCRIBE BY BRAND
1st line- Beclometasone/Formoterol	Fostair® 100mcg/6mcg Aerosol Inh Fostair® NEXThaler® 100mcg/6mcg 200mcg/6mcg	PRESCRIBE BY BRAND
1st line- Budesonide and Formoterol	DuoResp® Spriomax® 160mcg/4.5mcg or 32 0mcg/9mcg Symbicort Turbohaler® 100/6mcg, 200/6mcg, 400/12mcg Symbicort® pMDI 200/6mcg	PRESCRIBE BY BRAND
1st line - Fluticasone/Formoterol	Flutiform® 50mcg/5mcg, 125mcg/5mcg, 250mcg/10mcg aerosol inhalation	PRESCRIBE BY BRAND
1st line- Fluticasone and Salmeterol	Sereflo® 125mcg/250mcg Sirdupla® Evohaler® 125mcg/250mcg Seretide® Evohaler® 50mcg/125mcg/250mcg Sereide® Accuhaler® 100mcg/250mcg/500mcg	PRESCRIBE BY BRAND Sereflo® is the first choice product. MOPB May 2019
2nd Line- Fluticasone and Salmeterol	AirFluSal Forspiro® 500/50mcg	PRESCRIBE BY BRAND
1st line- Fluticasone and Vilanterol	Relvar Ellipta® 184mcg/22mcg or 92mcg/22mcg	PRESCRIBE BY BRAND
3rd Line-Beclometasone/formoterol/ glycopyrronium	Trimbow®	PRESCRIBE BY BRAND Initiate following specialist advice. MOPB June 2019
3rd Line-Fluticasone/umeclidinium/ vilanterol	Trelegy®	PRESCRIBE BY BRAND Initiate following specialist advice. MOPB June 2019

	2nd line-Sodium Cromoglicate	Intal® 5mg/dose Inhaler	
Cromoglicate	Sodium cromoglicate oral	Indication food allergy	Not normally recommended for prescribing in primary care. Evidence supporting use is limited, usually initiated in infants under 2 years which is outside of license and use is short term therefore, prescribing should remain with the Specialist. MOPB Feb2017.
Leukotriene receptor antagonist	Montelukast	10mg Tabs, 4mg granules, 4mg Chew Tabs, 5mg Chew Tabs	
Phosphodiesterase type-4 inhibitors	Roflumilast		Specialist prescribing only in line with NICE TA 461 pending place in pathway to be agreed
Antihistamines 3.4	1st line-Cetirizine	10mg Tabs, 5mg/5ml Soln	
	1st line-Loratadine	10mg Tabs, 5mg/5ml Soln	
	1st line-Chlorphenamine	4mg Tabs, 2mg/5ml liq, 10mg/ml Inj	
	1st line- Hydroxyzine	10mg Tabs, 25mg Tabs, 10mg/5ml liq	For pruritis
	2nd line- Promethazine	10mg Tabs, 25mg Tabs, 5mg/5ml liq	
	2nd line-Fexofenadine	120mg Tabs, 180mg Tabs	
Allergic Emergencies 3.4.3	Adrenaline	1mg/ml (1 in 1000) MHRA Adrenaline auto-injectors: updated advice after European review august 2017	Prescribe by brand as injection technique varies- Emerade®, EpiPen®, EpiPen Jnr® or Jext®. See guidelines for further details

Mucolytics 3.7	1st line-Carbocisteine	375mg Caps, 125mg/5ml liq, 250mg/5ml liq	
	Restricted-Dornase Alpha	2.5mg/2.5ml Nebs	Cystic Fibrosis specialist initiation only
	Restricted-Hypertonic Sodium chloride	6% 4ml Nebs	Specialist initiation
	Restricted, Unlicensed-N Acetylcysteine	600mg Tabs	Interstitial Pulmonary Fibrosis only
Aromatic Inhalations 3.8	1st line-Menthol and Eucalyptus		Recommend patients to buy
	1st line-Sodium Chloride	0.9% nasal dps	
Cough Suppressants 3.9.1	1st line-Pholcodine	5mg/5ml linctus	MOPB June 2017 regarded as low priority, poor value for money. These products fall under our OTC guidance and patients should be sign- posted to the community pharmacy to purchase these as part of the self-care policy
	2nd line-Methadone	2mg/5ml linctus	Palliative care only
Demulcents and expectorant cough preps 3.9.2	1st line-Simple Linctus	2.5% linctus, 0.625% linctus	MOPB June 2017 regarded as low priority, poor value for money. These products fall under our OTC guidance and patients should be sign- posted to the community pharmacy to purchase these as part of the self-care policy
Systemic Nasal Decongestants 3.10	1st line- Pseudoephedrine	60mg Tabs, 30mg/5ml Liq	Recommend patients to buy