NHS
West Essex
Clinical Commissioning Group

Guidance for care home staff for older patients (>65) with suspected UTI

- Complete **1)** to **4) and patient details** and send to GP. Original to patient notes.
- **DO NOT PERFORM URINE DIPSTICK** – No longer recommended in patients >65 years
- CLEAR URINE – UTI highly unlikely
- **Send MSU** particularly if treatment failure or ≥ 2 signs of infection (specially dysuria, Temp>38^0 or **new** incontinence

Patient:.....**DOB:**.....

Nursing Home:.....

Date:..... **Carer:**.....

1) Signs of any other infection source? **Y / N** **If Y circle any NEW symptoms which apply:**

Cough Shortness of breath Sputum production Nausea/vomiting Diarrhoea Abdominal pain Red/warm/swollen area of skin

2) Patients who can communicate symptoms

NEW ONSET Sign/ Symptom	**What does this mean?**	**Tick if present**
Dysuria	Pain on urinating	
Urgency	Need to pass urine urgently/new incontinence	
Frequency	Need to urinate more often than usual	
Suprapubic tenderness	Pain in lower tummy/above pubic area	
Haematuria	Blood in urine	
Polyuria	Passing bigger volumes of urine than usual	
Loin pain	Lower back pain	

3) Catheter

Yes / No

If **YES**:
Reason for catheter:

Temp

Perm

Date changed:

4) All Patients:

Sign/Symptom	**Tick if present**
Temperature above 38.3°C or below 36°C or shaking chills (rigors)in last 24 hours	
Blood Pressure measurement:	
Heart Rate >90 beats/min	
Respiratory rate >20 breaths/min	
Diabetic? Y / N If N - Blood glucose > 7.7mmol/L	
New onset or worsening confusion or agitation	

GP Management Decision - circle all which apply:

- Review in 24 hours
- Mid Stream Urine specimen (MSU) – if possible if ≥ 2 signs of infection (especially dysuria, Temp>38°C or new incontinence) or failed treatment
- Uncomplicated lower UTI Antibiotic prescribed.....
- Pyelonephritis
- Other ..... Signed: .....Date: .....

Approved MOPB June 2017; Reviewed July 2019; Review Due July 2021