

Primary Care guidance on the prescribing of Flash Glucose Monitoring (FreeStyle Libre®) in West Essex CCG

April 2019 update

In March 2019, NHS England issued guidance relating to national arrangements for funding of Flash Glucose Monitoring for relevant diabetes patients:-

[CLICK HERE TO VIEW THE GUIDANCE](#)

The national guidance includes patient criteria for funding and West Essex CCG has reviewed the current commissioning policy to reflect the national criteria with effect from **1st April 2019**. National funding is provided for a 2 year period, after which, CCGs will make a decision on whether to continue funding. [See link for policy](#)

Key points:

- The decision to start Freestyle Libre® will only be made by the diabetes specialist team and will initially be for a 6 month trial period.
- Patients will be reviewed by their specialist diabetes team at their next clinic appointment/annual review
- Patients who fulfil the criteria for funding will be trained, provided with the scanner device and an ONE sensor (2 weeks supply) by the specialist diabetes team
- The patient's GP will then prescribe the sensors (on FP10) for a 6 month period, after which the patient will be reviewed by the specialist diabetes team for eligibility for continued funding.
- At 6 months the specialist diabetes team will advise the patient's GP of the outcome of the review and authorise the GP to continue or discontinue prescribing.
- Patients will then be subject to annual review by the Specialist Diabetes Teams for eligibility for continued funding. A maximum of 26 sensors to be provided over a 12-month period.
- Patients will be asked to sign a patient agreement which sets out the actions and behaviours which they are expected to comply with, and consequences if they do not.
- If a patient is discharged from the specialist diabetes team, the team will advise the GP on reviewing the use of Freestyle Libre® annually.
- For patients started Freestyle Libre® under previously agreed criteria where the specialist diabetes team are supplying sensors, the team will invite the GP to prescribe the sensors providing start date, 6 month review date and outcome if applicable or annual review date if use greater than 6 months

Resources

For advice for patients please see FAQs

West Essex website information: <https://westessexccg.nhs.uk/your-health/medicines-optimisation-and-pharmacy/clinical-guidelines-and-prescribing-formularies/06-endocrine-system>

Patient agreement letter

LibreView Account