

Secondary Care guidance on the prescribing of Flash Glucose Monitoring (FreeStyle Libre®) in West Essex CCG

April 2019 update

In March 2019, NHS England issued guidance relating to national arrangements for funding of Flash Glucose Monitoring for relevant diabetes patients:-

[CLICK HERE TO VIEW THE GUIDANCE](#)

The national guidance includes patient criteria for funding and West Essex CCG has reviewed the current commissioning policy to reflect the national criteria with effect from **1st April 2019**. National funding is provided for a 2 year period, after which, CCGs will make a decision on whether to continue funding. [See link for policy](#) and below.

Key points:

- The decision to start Freestyle Libre® will only be made by the diabetes specialist team and will initially be for a 6 month trial period.
- Patients will be reviewed by their specialist diabetes team at their next clinic appointment/annual review
- Patients who fulfill the criteria for funding notify the CCG using Blueteq or form on the website – [website](#)
- Patients who fulfil the criteria for funding will be trained, provided with the scanner device and an ONE sensor (2 weeks supply) by the specialist diabetes team
- Invite the patient's GP to prescribe the sensors (on FP10) for a 6 month period, after which the patient will be reviewed by the specialist diabetes team for eligibility for continued funding – appendix A template letter
- At 6 months the specialist diabetes team will advise the patient's GP of the outcome of the review and authorise the GP to continue or discontinue prescribing – appendix B (template letter & Blueteq form on the [website](#))
- Patients will then be subject to annual review by the Specialist Diabetes Teams for eligibility for continued funding – TBC
- Patients will be asked to sign a patient agreement which sets out the actions and behaviours which they are expected to comply with, and consequences if they do not – appendix C & D
- If a patient is discharged from the specialist diabetes team, the team will advise the GP on reviewing the use of Freestyle Libre® annually.
- For patients started Freestyle Libre® under previously agreed criteria where the specialist diabetes team are supplying sensors, invite the GP to prescribe the sensors providing start date, 6 month review date and outcome if applicable or annual review date if use greater than 6 months

Resources

For advice for patients please see FAQs – appendix E

Guidance for LibreView Account – appendix F

West Essex website information: <https://westessexccg.nhs.uk/your-health/medicines-optimisation-and-pharmacy/clinical-guidelines-and-prescribing-formularies/06-endocrine-system>

West Essex website funding notification: <https://westessexccg.nhs.uk/your-health/medicines-optimisation-and-pharmacy/high-cost-drug-policies-and-pro-formas/insulin-pumps>

Policy statement:	Flash Glucose Scanning
Status:	Specialist initiated then recommended for prescribing in Primary Care. Specialist review at 6 months and annually thereafter

Flash Glucose Scanning systems monitor blood glucose levels using interstitial fluid levels rather than capillary blood glucose from finger prick testing. It consists of a handheld reader and a sensor, which is sited on the back of the arm. When the reader unit is passed over the sensor, the reader shows a reading based on interstitial fluid glucose levels. The sensor lasts for up to 14 days and then needs to be replaced. The reader can show a trace for the last 8 hours and displays an arrow showing the direction the glucose reading is heading.

Flash Glucose Scanning is not the same as continuous glucose monitoring (CGM).

At present there is only one product where prescribing on the NHS is supported- Freestyle Libre®. The following policy therefore applies only to this product and funding for any other flash glucose scanning products is not currently supported.

West Essex CCG commission use of Freestyle Libre® on a restricted basis, and only for people with diabetes, aged 4 and above, attending specialist care using multiple daily injections or insulin pump therapy, who have been assessed by the specialist clinician and deemed to meet one or more of the following criteria:

- People with Type 1 diabetes who require intensive monitoring >8 times daily, as demonstrated on a meter download/review over the past 3 months
- Patients with Type 1 or Type 2 diabetes on haemodialysis requiring self-monitoring blood glucose testing >8 times daily
- Diabetes associated with cystic fibrosis on insulin treatment
- Pregnant woman with Type 1 this will only be funded for 12 months in total inclusive of post-delivery period
- People with Type 1 diabetes who the specialist diabetes multi-disciplinary team determines have occupational (e.g. working in insufficiently hygienic conditions to safely facilitate finger-prick testing) or psychosocial circumstances that warrant a 6 month trial of Freestyle Libre® with appropriate adjunct support.
- People with Type 1 unable to routinely self-monitor blood glucose at home due to severe mental or physical disability. Evidence must be provided that they require carers to directly support glucose monitoring and insulin management, and that these carers struggle to manage simple blood glucose monitoring.
- Patients with Type 1 diabetes previously self-funding Flash Glucose Scanning where those with clinical responsibility for their diabetes care are satisfied that their clinical history suggests that they would have satisfied one or more of these criteria prior to them commencing use of Flash Glucose Scanning had these criteria been in place prior to April 2019
AND
has shown improvement in HbA1c since self-funding.
- For those with Type 1 diabetes and recurrent severe hypoglycemia or impaired awareness of hypoglycemia, NICE suggests that Continuous Glucose Monitoring with an alarm is the standard. Other evidence-based alternatives with NICE guidance or NICE TA support are pump therapy, psychological support, structured education, islet transplantation and whole pancreas transplantation. However, if the person with diabetes and their clinician consider that a Flash Glucose Monitoring system would be more

appropriate for the individual's specific situation, then this can be considered.

Additional requirements

In addition all patients (or carers) must be willing to:

- undertake training in the use of Freestyle Libre[®]
- agree to scan glucose levels no less than 8 times a day and use the sensor and for > 70% time
- agree to regular reviews with the local clinical team
- consider future attendance, at a Type 1 diabetes structured education programme (DAFNE or equivalent) Previously completed appropriate courses will be recognized

The decision to start Freestyle Libre[®] will only be made by the diabetes specialist team and will initially be for a 6 month trial period.

Use will only be continued at the discretion of the diabetes specialist if there is sustained benefit in patient outcomes whilst they are using the device in one or more of the following:

- Reduction in severe / non-severe hypoglycaemia episodes
- Reduction in HbA1c of 0.5%/5mmol/mol or more within 6 months
- Agreed reduction in use of self-monitoring blood glucose test strips
- Reduction in episodes of DKA
- Reductions in admission to hospital
- In severe disability to ensure clear benefit to the carer support for the patient
- An improvement in psychosocial wellbeing

If there has not been sufficient improvement in one or more of the above areas over a 6 month period then the use of Freestyle Libre[®] under NHS prescription will be discontinued and an alternative method of monitoring should be used.

Patients not meeting the above criteria will only be funded where there are exceptional clinical circumstances.

Further information on applying for funding in exceptional clinical circumstances can be found by clicking the link below.

[Individual Funding request Terms of Reference and SOP](#)

Appendix A

Dear Doctor

Your patient was seen on _____ at the Diabetes Specialist Clinic and is deemed suitable for NHS funding of the Freestyle Libre® Flash Glucose scanning system, having met the following criteria for NHS funding as assessed by the diabetes specialist:

- clinically indicated as requiring self-monitoring blood glucose testing eight times or more daily to achieve safe control,
- having diabetes and on haemodialysis requiring self-monitoring blood glucose testing eight times or more daily
- having diabetes associated with cystic fibrosis on insulin treatment
- Diabetes T1 and pregnant
- conventional blood testing is not possible
- has severe mental or physical disability and is unable to routinely self-monitor blood glucose
- recurrent severe loss of hypoglycaemia awareness or impaired awareness of hypoglycemia

Use of the Freestyle Libre® will initially be for a 6 month trial period and will only be continued at the discretion of the diabetes specialist team if there is sustained benefit in patient outcomes whilst they are using the device. Your patient has agreed to these terms and understands that NHS funding may be withdrawn after 6 months if no benefit is seen but they will have the option to continue to self-fund use of the device.

Please also be aware that they will continue to require blood glucose test strips in a quantity to cover regular three times daily testing for Type 1s who are carb counting and to allow for occasional daily use in other circumstances. A maximum of 3 x 50 pots of strips should be prescribed- which might reduce to 2 x 50 per month once new testing regime in place and monthly usage established. Lower cost strips as listed on formulary are suitable for use in this patient.

- a) I would be grateful if you would make the following changes to their repeat prescription items, at your earliest convenience. This *has been* discussed with the patient.

Please Add: **Freestyle Libre sensors x 2**

This is sufficient for a one month supply – please allow maximum of 6 prescriptions. We have supplied the scanner device and ONE sensor (2 weeks supply). We will advise you if continuation of the sensors beyond 6 months is appropriate.

-**(blood glucose testing strips) maximum of 3 x 50** –patients may only require 2 x 50 ongoing if only testing three times a day.

Please Continue:

Initial prescription of glucose strips provided : Yes No

Please Stop:

- b) Please continue all other items as currently prescribed.
- c) They will be followed up in a specialist clinic regularly and will be required to regularly upload the device data to LibreView every 2 weeks for ongoing support.

Thank you for your help.

Yours sincerely

Dispensing Practices / Community Pharmacies

Freestyle Libre® sensors are not available through pharmacy wholesalers. They must be ordered directly from Abbott using the following portal: www.freestylelibrepharmacyportal.co.uk
You will need to set up a pharmacy account for your practice / pharmacy.

Online resources

West Essex CCG website: <https://westessexccg.nhs.uk/your-health/medicines-optimisation-and-pharmacy/clinical-guidelines-and-prescribing-formularies/06-endocrine-system>
Abbott education webpage: <https://freestylelibre.co.uk/health-care-professionals/education>

Appendix B
Suggested continuation letter to GP

Dear Doctor

Your patient was seen on _____ at the Diabetes Specialist Clinic and was assessed for suitability for continuation of FreeStyle Libre® Flash Glucose scanning system. It has been assessed that they are achieving sustained benefit in one or more of the following criteria and, therefore, qualify for ongoing NHS funding:

- Reduction in severe/ non-severe hypoglycaemia episodes
- Reduction in HbA1c of 0.5%/5 mmol/mol or more within 6 months
- Agreed reduction in use of self-monitoring blood test strips.
- Reduction in diabetic ketoacidosis
- Reduction in admission to hospital
- Pregnant patients with T1DM or T2DM on insulin

Use of the Freestyle Libre® will only be continued at the discretion of the diabetes specialist team if there is continuing sustained benefit in patient outcomes whilst they are using the device. Your patient has agreed to these terms and understands that NHS funding may be withdrawn if no on-going benefit is seen but they will have the option to continue to self-fund use of the device.

Please also be aware that they will continue to require blood glucose test strips for driving and if they are on pump therapy.

- a) I would be grateful if you would make the following changes to their repeat prescription items, at your earliest convenience. This *has been* discussed with the patient.

Please Continue: **FreeStyle Libre® sensors x 2**

This is sufficient for a one month supply – please allow maximum of 6 prescriptions. We will advise you if continuation of the sensors beyond 6 months is appropriate.

.....**(Blood Glucose Testing strips)**
maximum of 3 x 50 –patients may only require 2 x 50 ongoing if only testing three times a day.

Please Stop:

- b) Please continue all other items as currently prescribed.
- c) They will be followed up in a specialist clinic regularly and will be required to regularly upload the device data to LibreView every 2 weeks for ongoing support.

Thank you for your help.

Yours sincerely

Dispensing Practices / Community Pharmacies

Freestyle Libre® sensors are not available through pharmacy wholesalers. They must be ordered directly from Abbott using the following portal: www.freestylelibrepharmacyportal.co.uk

You will need to set up a pharmacy account for your practice / pharmacy.

Online resources

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Abbott education webpage: <https://freestylediabetes.co.uk/health-care-professionals/education>

Appendix C

Flash Glucose Scanning (FGS) system agreement For Patients aged 19 and over

This form should be completed by the patient and/or their carer and an NHS diabetes specialist.

Agreement to use the flash glucose scanning (FGS) system

You have been given an FGS system and the Diabetes Team expect you to take responsibility for using it correctly.

Patient's name	
Consultant name	
Unit/Hospital number	
Diabetes specialist nurse (DSN)	

I/We agree to:

- Attend all appointments as required by the Specialist Diabetes Team and GP.
- Attend the recommended FGS training and take the advice of the diabetes team to understand what the device is showing and what action to take.
- Upload data from either the FreeStyle Libre® handset or via LibreLink® app at least once every 2 weeks.
- Share your data with your diabetes specialist team by adding the Practice ID code given to your LibreView® account settings.
- Agree to your data being shared for the purposes of audit.
- Attend (or have attended) a Type 1 diabetes structured education programme (DAFNE, BERTIE or equivalent as available locally).
- Perform at least eight scans per day as well as using standard blood glucose testing strips as advised by the diabetes team.
- Agree to change to a more cost effective blood glucose testing meter and strip if requested to do so.

I/We understand that the sensors will no longer be provided if the above conditions are not met and:

- The sensor is worn for less than 70% of the time
- Appropriate actions, as advised by the diabetes team are not carried out.
- The results below have not been achieved by the six-month review or improvement is not maintained at each annual review *[Delete as appropriate]*
 - Improved hypo awareness
 - A reduction in the number of hypoglycaemic events
 - A reduction in the number of diabetic ketoacidosis events
 - Reduction in HbA1c of 0.5%/5mmol/mol or more within 6 months
 - Reduction in number of hospital admissions
 - Improvement in psycho-social wellbeing
 - In severe disability a clear benefit to the carer support for the patient has been demonstrated
- For patients who are pregnant, the supply of sensors will be stopped after 12 months total treatment period (inclusive of post-delivery period) – unless the patient fulfils any of the other criteria for funding.
- I no longer fulfil the criteria for funding.

Funding for sensors is for a time-limited period. FGS are a developing technology and therefore the current funding agreement will be reviewed regularly.

I/We understand that:

- A maximum of 26 sensors will be provided over any 12-month period. (**NB.** If a sensor proves to be defective, you must contact the manufacturer to arrange a replacement).
- Funding for treatment may be stopped in the future

	Patient	Carer	Consultant/DSN
Signed			
Print name			
Date			

Appendix D

Flash Glucose Scanning (FGS) system agreement For Patients Aged 4 to 19 years old

This form should be completed by the patient and/or their parent/carer and an NHS diabetes specialist.

Agreement to use the flash glucose scanning (FGS) system

You have been given an FGS system and the Diabetes Team expect you to take responsibility for using it correctly.

Patient's name	
Consultant name	
Unit/Hospital number	
Paediatric diabetes specialist nurse (PDSN)	

I/We agree to:

- Attend the recommended FGS training and take the advice of the diabetes team to understand what the device is showing and what action to take.
- Perform at least eight scans per day as well as using standard blood glucose testing strips as advised by the diabetes team and upload data are requested at least once every 2 weeks.
- Agree to your data being shared for purposes of audit

I/We understand that the sensors will no longer be provided if :

- The sensor is worn for less than 70% of the time
- Scans are carried out less than eight times per day
- Appropriate actions, as advised by the diabetes team are not carried out.
- The results below have not been achieved by the six-month review or improvement is not maintained at each annual review *[Delete as appropriate.*
 - Improved hypo awareness
 - A reduction in the number of hypoglycaemic events
 - A reduction in the number of diabetic ketoacidosis events
 - An improvement in HbA1c $\geq 0.5\%/5$ mmol/mol or more within 6 months
 - Reduction in number of hospital admissions
 - Improvement in psycho-social wellbeing
 - In severe disability a clear benefit to the carer support for the patient
- I do not fulfil the criteria for funding in people over the age of 19 on transition to adult services.

Funding for sensors is for a time-limited period. FGS are a developing technology and therefore the current funding agreement will be reviewed regularly. I/We understand that:

- A maximum of 26 sensors will be provided over a 12-month period.
- Funding for treatment may be stopped in the future

	Patient	Parent/carer	Consultant/PDSN
Signed			
Print name			
Date			

Appendix E Frequently Asked Questions (FAQs)

1. How do I get FreeStyle Libre® sensors on the NHS?

In March 2019, NHS England issued guidance relating to national arrangements for funding of Flash Glucose Monitoring for relevant diabetes patients. As a result West Essex CCG has reviewed their [commissioning policy](#). If you are already under the care of the specialist diabetes team they will discuss your eligibility at your next routine review, and if you meet the criteria will receive FreeStyle Libre® funded by the NHS. If you are not under the care of the diabetes specialist team but you clearly meet the strict criteria you will need to ask to be referred to the specialist team for assessment, and you will be seen at the next available routine appointment.

2. Who is entitled to FreeStyle Libre® sensors on the NHS?

Under the national criteria only 20% of patients with Type 1 Diabetes are expected to meet the criteria for NHS funded FreeStyle Libre®. The national policy group understandably sought to prioritise patients who are in greatest need or whom there is the strongest evidence base. For example patient with pre-existing type 1 diabetes in pregnancy, patients with severe disabilities on insulin, and patients on insulin treatment on haemodialysis, are all key groups supported by the national policy. The aim is to be equitable and fair across the whole NHS.

NHS care of patients with Type 1 diabetes is already at a high standard. If you don't meet the criteria you will not be considered for FreeStyle Libre®, but the healthcare teams will of course continue to support you in all aspects of your diabetes care.

3. My review is not due for several months- can I request an earlier review by my specialist?

Only those patients, whose diabetes needs have significantly changed since their last review and clearly meet the strict criteria for NHS funded FreeStyle Libre® should ask for an earlier appointment. Our diabetes specialists have limited capacity and must prioritise those patients with higher clinical needs.

4. How do I request an earlier review if my diabetes needs have significantly changed?

If you are already under the care of the specialist diabetes team please contact them directly using the contact details provided by them. It is not necessary for your GP or practice diabetes nurse to make a referral. If you are not already under the care of the specialist team please contact your GP practice.

5. Can my GP prescribe these sensors before I have been seen by the specialist?

No- GPs are only allowed to prescribe these sensors once you have been assessed by the specialist as meeting the strict criteria for NHS funding. Your GP will receive a letter advising them to prescribe if you meet the criteria. Part of the reason for this is that patients obtain most benefit from using FreeStyle Libre® with the focussed educational support of specialist teams. The device itself is only as good as the educational support in how to interpret and act on the results it generates. The specialist team will also ensure that patients with type 1 diabetes who meet the criteria have already had, or complete, carbohydrate counting training.

6. Once I have been seen by the specialist, how soon will I get the FreeStyle Libre® system?

In order to use the system correctly all patients must attend a training session, at which you will be supplied with the scanner and initial supply of one sensor. This training session will usually take place within a month of your assessment, but may take longer due to higher demand for training places as use of FreeStyle Libre® is rolled out nationally.

7. Is there anything else I need to do?

You will be expected to use the system regularly to improve your diabetes management, upload data for central monitoring, participate in audits to assess outcomes and complete a diabetes

structured education programme- if you have not already done so. A copy of the patient agreement forms can be found here: (insert weblink).

8. If I have further questions on how to use the sensors, who do I ask?

Contact your specialist diabetes team using the details they have provided you with. Your GP is not an expert on using the devices and will not be able to advise you

9. How many sensors will my GP prescribe for me?

A maximum of 6 months of sensors will initially be funded for each patient. ONE sensor together with the scanner will be provided by the specialist clinic. Up to a maximum of 6 further monthly (28 day) prescriptions for 2 sensors (12 in total) will be issued by your GP. Continuation after 6 months will be at the discretion of your specialist, and GPs will need to have confirmation from the specialist before they can continue to prescribe. Then a maximum of 26 sensors will be provided over a 12-month period. You will be regularly reassessed to ensure you are deriving benefit from continued use of FreeStyle Libre® and your prescription may be stopped in the future following assessment by your specialist.

If any of the sensors are defective, you will need to contact the manufacturer to obtain a replacement. Your GP cannot issue prescriptions to replace defective sensors.

You should contact the Abbott Customer Careline, on 0800 170 1177, on the day that the FreeStyle Libre® sensor falls off or if closed when the office is next open. You will need to keep the displaced FreeStyle Libre® sensor and follow the instructions of the Abbott Customer Careline representative.

Please note that a maximum of 3 replacement FreeStyle Libre® sensors can be issued per individual.'

10. What happens if my sensor falls off and/or I run out of sensors?

You should return to monitoring your glucose levels using blood glucose testing strips, increasing the frequency of testing as necessary and as advised by your specialist to compensate for lack of sensor. You may have to request additional blood glucose testing strips from your GP if you have insufficient to last until your next routine prescription for your sensors/strips is due. Alternatively you may be able to purchase a sensor from your community pharmacy.

11. Will GPs continue to prescribe glucose testing strips for me if I meet the criteria for use of sensors

Yes- however it is anticipated that the use of these strips will be reduced to a lower level (maximum 3 pots per month). You may be asked to change to a more cost effective meter and strip if not already using one.

12. Can drivers use the Flash Glucose Sensors to monitor blood glucose levels prior to driving?

The DVLA has updated the guidance on glucose testing prior to driving which now permits the use of interstitial glucose readings e.g. using Flash Glucose Scanning (FreeStyle Libre®) and CGM systems **for group 1 drivers only**. [CLICK HERE FOR FULL INFORMATION](#) as finger prick tests are still required (even for group 1 drivers) under certain circumstances, such as any hypoglycaemic events, suspected hypoglycaemic events or mismatches between the Libre results and the blood glucose results.

All pre-existing DVLA requirements and responsibilities for safe driving still lie with the patients. The DVLA must be informed by any patient if there is any significant change in their driving status in accordance with these national DVLA guidelines.

13. What if I am already self-funding FreeStyle Libre®?

If you have been buying the FreeStyle Libre® directly from the manufacturer (and wish to continue using the device) you should still purchase your sensors via this route until you are reviewed, if appropriate, by the Specialist Diabetes Team at your next routine clinic appointment. West Essex CCG will only fund FreeStyle Libre® for patients who fulfill the eligibility criteria as written in the [commissioning policy](#). It is important that you understand that your review will not be based on what has already been purchased, but on what has been agreed for national NHS funding.

14. What if I want to use (or continue using) FreeStyle Libre® but do not meet the criteria for funding?

You can buy FreeStyle Libre® directly from the manufacturer - <https://www.FreeStylelibre.co.uk/libre/> or Tel:0800170 1177.

15. How does the new system fit in with ongoing developments in Type 1 Diabetes?

There have been robust improvements in type 1 diabetes care steadily implemented throughout the history of the National Health Service. These have included a wide range of innovative insulin and blood monitoring products, retinal screening program, dedicated paediatric and obstetric services, skilled trained specialists working across all health sectors, and a wide range of educational support programs. West Essex CCG remains absolutely committed to supporting all diabetes patients as new approved technologies and national guidelines are developed.

16. Will the recommendations for funding be reviewed?

Yes, these recommendations will be kept under review. In particular, a further review will be undertaken when national funding of the device and sensors ceases in March 2021.

17. If patients have any additional questions, who should they be directed to?

West Essex CCG [Patient Advice and Liaison Service \(PALS\)](#)

Email: weccg.comments@nhs.net

Phone: 01992 566122/6123 Freephone: 0800 7833396 (Monday to Friday 10:00am-4:00pm, we have a confidential voicemail available. If you leave us a message we will call you back the next working day)

Appendix F

Set Up Your LibreView Account

Creating A LibreView Account

To get started, you'll need to set up a free LibreView patient account. Your health care professional might have already enrolled you and sent you an email with a login link. In this case, simply open the email and follow the instructions to create your account or, if you have set up your account previously, simply go to www.libreview.com and login.

If you have not been invited to a LibreView account, follow these simple steps:

- 1 - Go to www.libreview.com and click **Sign Up**
- 2 - Select **LibreView Account**
- 3 - Select your country of residence
- 4 - Agree to the user agreement and privacy policy
- 5 - Fill out your information, enter your email as your username, and create a password
- 6 - Go to your email inbox, find the verification email from LibreView and click on **Verify Email**
- 7 - Select **Next** on the original sign up screen window to complete signup

Note: *Your email address will be your login username.*

Setting Up Your Account

LibreView only requires a one-time download of a device driver file that recognises when your blood glucose device is plugged in. Make sure that you are using the most updated version of your Internet browser when initiating the download. At this time, you will not be able to upload data using the Microsoft Edge browser. Please make sure that you are using a Microsoft-operating computer with Windows 7 or higher or a Mac with OS X 10 or higher.

- 1 - Click the green **Upload** button under **Upload a Meter**
- 2 - In the window that appears, click on the **Download** button
- 3 - Wait for the file to download onto your computer
- 4 - Open the downloaded file by clicking on it, and allow it to run
- 5 - Follow the prompts on the screen to complete the installation

Note: *The downloaded file will appear at the bottom left of the screen for Chrome users, the bottom for Internet Explorer and the top-right for Firefox. If you're not using your personal computer and instead using a work computer, you might need your IT administrator to grant permission.*

Connecting Your Blood Glucose Device

Once you have successfully downloaded the device drivers, you can plug in your blood glucose meter or reader using the corresponding cable. A couple of things to keep in mind before you start uploading the data

Uploading Your Device From Home

Connect your meter or reader to start uploading. Go to the upload screen.

1 - Click on the green **Upload** button under **Upload a Meter**

2 - You'll see a message saying that LibreView is searching for the meter.

Note: If this is your first time uploading a meter after downloading the device drivers, you may need to select allow access or launch application to ensure that your account can access the drivers. Be sure to tick the boxes to remember your choices or untick the boxes to always ask for these permissions. The message will be dependent on which browser you are using.

3 - Your reports will automatically open

Sharing Your Data

Link to Your Healthcare Provider

LibreView lets you easily share your data with your healthcare provider by linking to their LibreView professional accounts.

1 - Ask your diabetes team for their **Practice ID**. A practice ID is a code that is unique to each healthcare practice's LibreView account.

2 - Go to your Settings section and select **Account Settings**

3 - Click on **My Practices**

4 - Enter in your diabetes team's Practice ID and click Add. You should now see their name or their practice name appear under your practice list.

Updating your Account Information

Updating Account Information

Click on the Settings icon and select **Account Settings** to change any information in your account.

- **Profile:** Change your name, email or password
- **My Practices:** Add or remove practices and providers you are sharing your data with.
- **My Meters:** Come here to see a complete list of all meters you have uploaded into LibreView. Click on **Remove** next to any devices you no longer want to display.