

## WECCG Red List

The General Medical Council Good Medical Practice states 'prescribe drugs or treatment, including repeat prescriptions, only when you have adequate knowledge of the patient's health, and are satisfied that the drugs or treatment serve the patient's needs. It also says provide effective treatments based on the best available evidence'. By prescribing a medication a GP is taking clinical responsibility.

### WHAT IS THE RED LIST?

The Red list contains medicines which have been discussed at the Medicines Optimisation Programme Board/Area Prescribing Committee Stakeholders/Locality and it has been agreed **are not normally recommended for prescribing in primary care**

Medicines may be low priority, because they are not the most clinically or cost effective or for which there are safer alternatives and are **NOT NORMALLY RECOMMENDED ON THE WECCG FORMULARY**

Specialist Only' medicines should only be prescribed in secondary / tertiary care by or under the supervision of a specialist and will need to be prescribed on an on-going basis by the initiating provider.

***Most GPs should not normally be asked or agree to prescribe these medicines. This is because these treatments require specialist knowledge, monitoring or dose adjustment or they may be used for conditions which GPs rarely encounter.***

Some medicines may be both specialist only (**RED List**) and shared care (**YELLOW List**) depending on the condition they are used to treat.

Medicines listed by NHSE as specialist commissioned services exclusively from secondary/tertiary care are automatically included in the list, e.g. metabolic disorders, specialised services for infectious diseases (tuberculosis, hepatitis, malaria)

Others may be on the specialist only list as they are part of a package of treatment provided by specialists in secondary or tertiary care, e.g. chemo therapy adjuvant therapies, LMWH, erythropoetins, specialised formulas BNF A2.3.1.

Intravenous fluids and anaesthetic agents are all assigned specialist only classification by default, and are not included on the list

Injectable products would generally be specialist only, unless an agreement had been made between the GP and the specialist for an individual patient, as part of an agreed course of treatment where the trained patient / carer or health care professional administers the medicine at home or in the surgery, and/or specifically commissioned for Primary Care prescribing. This should not preclude a GP from use in urgent treatment where oral treatment is not appropriate.

**These recommendations are made without prejudice to established longstanding prescribing and are not intended to disrupt the care of patients already receiving any of the drugs in the list**

Medicine	Indication	Decision	Rationale for inclusion in the List	Circumstances in which GP prescribing might be appropriate
<b>Updated Monthly</b>				
Abatacept	All indications	Specialist Only	Under specialist supervision only; affects immune response, monitoring and funding required.	None Foreseen
Acetazolamide	Glaucoma and ocular hypertension	Specialist Only	Specialist prescribing only	None Foreseen
Acitretin Capsules	Psoriasis	Specialist Only	Safety concerns, strict monitoring requirements and restricted availability	None Foreseen
Actipatch	Pain	Not Recommended	MOPB April 2019 Not recommended for prescribing in Primary Care due to lack of published clinical effectiveness data.	None Foreseen
Adalimumab	All indications	Specialist Only	Under specialist supervision only; affects immune response, monitoring and funding required.	None Foreseen
Aflibercept	Ocular Disorders	Specialist Only	Under specialist administration only. Specialist monitoring and funding required	None Foreseen
Agomelatine	All indications	Specialist Only	Not recommended Non formulary for EPUT as NICE TA 231 unable to recommend the use in the NHS of agomelatine for the treatment of major depressive episodes because no evidence submission was received from the manufacturer MOPB July 2020	None Foreseen
Alemtuzumab	MS	Specialist Only	Under specialist supervision only. GP may be invited by Addenbrookes to take bloods as part of Shared Care Guidelines within Near Patient testing LES	None Foreseen

Alendronate effervescent tablets Binosto®	Osteoporosis when intolerant to gastro-intestinal effects of oral bisphosphonates and only alternative is a parenteral option	Specialist Only	Weak evidence for improving gastric tolerance. Specialist prescribing only. MOPB June 2017. Specialists to audit after 6 months and MOPB to revisit decision Jan 2018	None Foreseen
Alimemazine	Urticaria, Pruritis or Allergic Rhinitis	Not Recommended	MOPB July 2019 Not recommended for prescribing in primary care as there are more cost effective sedating antihistamines available.	None Foreseen
Alirocumab	All Indications	Specialist Only	Under specialist supervision only. Prescribed and monitored by specialist, funding required	None Foreseen
Aliskiren	All Indications	Not recommended	MOPB Aug 2019 Not recommended for prescribing in primary or secondary care for <b>new patients</b> as its effects on mortality and long term morbidity are currently unknown; NHSE Guidance June 2019	Existing patients to be reviewed for appropriateness of treatment with advice and guidance from specialist as needed
Alitretinoin Capsules	Chronic Hand Eczema	Specialist Only	Under specialist supervision only, safety issues and specialist funding required.	None Foreseen
Alprazolam	Anxiety	Not Recommended	Non-formulary for EPUT as high risk of misuse due to rapid onset of action and high potency, and may be more toxic in overdose than other benzodiazepines. Drug Tariff Part XVIII A not to be ordered under GMS contract.	None Foreseen
Amphetamines mixed (Adderall)	ADHD	Not Recommended	Non-formulary for EPUT as show mixed results in treatment of ADHD, more efficacious than placebo in reducing symptom severity in the short term but didn't improve retention in treatment and were associated with an increased risk of drop out due to adverse events	None Foreseen
Anagrelide	Reduction of elevated platelet counts	Specialist Only		None Foreseen

Anakinra	All	Specialist Only	Under specialist supervision only as affects immune response. Specialist monitoring and funding required.	None Foreseen
Andexanet	All	Secondary prescribing only	A specialist emergency medicine to be prescribed in line with NICE TA 697 for reversing anticoagulation from apixaban or rivaroxaban in adults with life-threatening or uncontrolled bleeding, only if the bleed is in the gastrointestinal tract. Approved MOPB July 2021	None Foreseen
Anti-coagulants	Hip and Knee Replacement	Specialist Only	Prescribed by the Specialist as part of a package of care	None Foreseen
Apomorphine	All	Specialist Only	Specialist drug requiring specialist knowledge for prescribing and monitoring MOPB Sept 2017	None Foreseen
Apraclonidine	Intraocular Pressure	Specialist Only	Used to control increases in intra ocular pressure associated with ocular surgery and as short term treatment to reduce intra ocular pressure prior to surgery	None Foreseen
Apremilast	All indications	Specialist Only	Under specialist supervision only. Specialist monitoring and funding required.	None Foreseen
Aprepitant	Chemo Induced Nausea	Specialist Only	Adjunct to chemotherapy and prescribed within treatment plan	None Foreseen
Argatroban	Anticoagulation in adults with heparin-induced thrombocytopenia type II who require parenteral antithrombotic therapy.	Specialist Only	Continuous infusion requiring daily APTT monitoring SPC	None Foreseen
Aripiprazole injection IM	Agitation and disturbed behaviour in schizophrenia	EPUT prescribers only	Restricted EPUT Formulary as used in hospital for the rapid control of an acute episode - BNF	None Foreseen

Armour Thyroid	Hypothyroidism	Not Recommended	Amour thyroid is extract from the thyroid of pigs. It is an unlicensed product in the UK which contains differing ratios of T3 relative to T4 than the human thyroid, it is not a pure preparation of thyroid hormones and there have been stability issues. British Thyroid Association	None Foreseen
Asenapine (Sycrest)	Acute phase Bipolar	Specialist only	On EPUT formulary.	None Foreseen
Avatrombopag	All indications	Specialist only	Under specialist supervision only. Specialist monitoring and funding required.	None Foreseen
Bath additives and shower gels	All indications	Not Recommended	Not recommended, no evidence to support the use of bath additives in children with eczema BMJ 2018;361 MOPB Aug 2018	None Foreseen
Baricitinib	All indications	Specialist Only	Specialist prescribing only in line with NICE recommendations. Monitoring and funding required.	None Foreseen
Basiliximab	Renal transplant	Specialist Only	Under specialist supervision only. Specialist monitoring and funding required.	None Foreseen
Bazedoxifene plus conjugated oestrogens (Duavive®)	Treatment of post-menopausal symptoms in women with a uterus	Not Recommended	Insufficient evidence to quantify the risks and benefits against current treatments and the condition /symptoms being treated. No long term safety data and unavailability of information on cost effectiveness and cost impact. MOPB April 2016	None Foreseen
BCG Vaccine	Travel purposes	Not recommended	NHS England guidance for items which should not be routinely prescribed in Primary Care advises prescribers in primary care should not initiate the stated vaccines exclusively for the purposes of travel for any new patient. MOPB Jan 2018	BCG Vaccine may continue to be administered for purposes other than travel, if clinically appropriate.

Bevacizumab	All indications	Specialist Only	Under specialist supervision only Specialist monitoring and funding required.	None Foreseen
Betaine	Metabolic disease	Specialist Only	MOPB April 2018 Hospital only prescribing requires specialist prescribing and monitoring	None Foreseen
Bezlotoxumab	Preventing recurrent Clostridium difficile infection in adults	Not recommended	<a href="#">NICE TA601</a>	None Foreseen
			NICE is unable to make a recommendation on bezlotoxumab (Zinplava) for preventing recurrent Clostridium difficile infection in adults because Merck Sharp & Dohme did not provide an evidence submission. (MOPB Nov 2019)	
Bimekizumab	All indications	Specialist Only	Under specialist supervision only Specialist monitoring and funding required.	None Foreseen
Bosentan	All indications	Specialist Only	Specialised commissioning by NHSE from secondary or tertiary care	None Foreseen
Botulinum Toxin A and B	All indications	Specialist Only	Specialist use only. Specialist administration and funding required.	None Foreseen
Brimonidine 0.5% gel	Acne Rosacea	Specialist Only, including GPwSI	MOPB June 17 not recommended for prescribing in Primary Care as limited evidence, safety concerns and cosmetic effect	None Foreseen
Brodalumab	All indications	Specialist Only	Under specialist supervision only; affects immune response, monitoring and funding required.	None Foreseen
Brolucizumab	All indications	Specialist Only	Under specialist administration only. Specialist monitoring and funding required	None Foreseen
Budesonide (Jorveza@)	Eosinophilic esophagitis	Specialist Only	NICE recommended for short term induction course only with review at 6 weeks by specialist therefore not appropriate for GP prescribing MOPB August 2021	None Foreseen

Budesonide (Cortiment®)	Ulcerative Colitis	Specialist Only	Specialist prescribing only as a short course required and bridging to immunosuppressant may be required. MOPB Jan 17	None Foreseen
Buprenorphine oral lyophilisate (Espranor®)	All indications	Specialist Only	EPUT formulary specialist only	None Foreseen
Buprenorphine 3 day patches	All indications	Not Recommended	Due to incidents which have occurred nationally, for safety reasons buprenorphine 3 days patches are not recommended for prescribing in Primary or Secondary Care MOBP July 2017	None Foreseen
Buprenorphine (Buvidal®)	All indications	Specialist Only	GPs to be aware that EPUT specialists may prescribe long acting subcutaneous buprenorphine injections for treatment of opioid dependence within a framework of medical, social and psychological treatment. Treatment is intended for use in adults and adolescents aged 16 years and over June 2019	None Foreseen
CamAPS Fx	All indications	Specialist Only	Under specialist supervision only Specialist monitoring and funding required.	None Foreseen
Cariprazine	Antipsychotic	Specialist Only	MOPB Dec 2019. EPUT MMG agreed consultant only as a new antipsychotic with limited local experience	None Foreseen
Carglumic acid	Metabolic disease	Specialist Only	MOPB April 2018 Hospital only prescribing requires specialist prescribing and monitoring	None Foreseen
Cenobamate	All indications	Specialist tertiary centres only	NICE TA 753 recommends treatment is started in a tertiary epilepsy service, therefore restricted use until pathway from tertiary centre agreed MOPB Feb 2022	None Foreseen

Ceftriaxone IV	Infections	Specialist Only	Patient@Home will prescribe and monitor if long term antibiotic are required. District Nurses have agreed to administer under shared care. MOPB Nov 2018	None Foreseen
Certolizumab	All indications	Specialist Only	Under specialist supervision only; affects immune response, monitoring and funding required.	None Foreseen
Chemotherapy (oral and IV)	Cytotoxic Drugs	Specialist Only	Under specialist supervision only. Specialist monitoring and funding required.	None Foreseen
Chenodeoxycholic acid	All indication	Specialist Only	Under specialist supervision only. Specialist monitoring and funding required	None Foreseen
Chlorambucil	All indications	Specialist Only	Under specialist supervision only. Specialist monitoring and funding required.	None Foreseen
Chlormethine gel	All indications	Specialist Only	Specialised treatment outside of the skills and expertise of GPs to prescribe and monitor.	None Foreseen
Chlorpromazine injection (Largactil and generic)	Antipsychotic	Not Recommended	Non-formulary for EPUT as erratic unpredictable absorption. Cardiac risk - EPUT	None Foreseen
Cilostazol	Intermittent claudication in people with peripheral arterial disease	Not Recommended	NICE TA 223 May 2011 does not recommend the use of cilostazol for this indication	None Foreseen
Cinacalcet	Primary hyperparathyroidism	Specialist Only	Not recommended for prescribing or monitoring in Primary Care, requires specialist knowledge. MOPB Sept 2017	None Foreseen
Ciprofibrate	All indications	Not Recommended	Not recommended for prescribing in primary or secondary care. Same proven efficacy but less cost effective compared with other fibrates. MOPB December 2018.	None Foreseen
Clomifene	All indications	Specialist only	MOPB December 2018. Specialist use only requires specialist monitoring	None Foreseen



Clonidine	Attention deficit hyperactivity disorder	Not Recommended	MOPB April 2019 Not recommended for prescribing in Primary Care due to lack of published clinical effectiveness data, off label indication and highly specialist medicine.	For existing patients under ECFWS please contact their Lead Pharmacist to ensure patients have been risk assessed as to whether or not they require an ECG.
Clozapine	Treatment resistant schizophrenia	EPUT prescribers only	Neutropenia, potentially fatal agranulocytosis, cardiomyopathy and GI obstruction reported	Patients with learning difficulties or those who have difficulty in accessing the Clozapine clinics or services. Shared Care to be agreed with GP
Collagenase clostridium histolyticum	Dupuytren's contracture	Not recommended	NICE TA 459 has been withdrawn because collagenase clostridium histolyticum (Xiapex) is no longer available in the UK. Not recommended for prescribing in primary or secondary care	None Foreseen
Collagenase clostridium histolyticum	Peyronies Disease	Not Recommended	Not routinely commissioned for Peyronies Disease as limited evidence for effectiveness. Funding and specialist monitoring required.	None Foreseen
Colistimethate sodium dry powder for inhalation (Colobreathe®)	Cystic fibrosis	Specialist Only	GP prescribing of Colobreathe® not normally recommended as Patient Access Scheme not available in primary care. NHSE	None Foreseen
Colesevelam	Primary hypercholesterolaemia	Not recommended	NICE CG181: do not offer bile acid sequestrants. MOPB February 2019	Second line for treatment for <u>bile salts malabsorption</u> where colestyramine cannot be tolerated, or cannot be tolerated at an effective dose. Specialist initiated then transferred to GP once efficacy established MOPB June 2016
Co-careldopa intestinal gel (Duodopa)	Drugs used in parkinsonism and related disorder	Specialist Only	Specialist use only, funding required	None Foreseen

Co-proxamol	Analgesic	Not Recommended	Highly toxic in even small overdoses. The MHRA has withdrawn the marketing authorisation for co-proxamol due to the poor risk/benefit profile of the drug	None Foreseen
Cyanocobalamin IM	Vitamin B12 deficiency	Not Recommended	MOPB August 2019 Where Vitamin B12 is indicated, NHS West Essex commissions Hydroxocobalamin.	None Foreseen
Cyanocobalamin oral	Vitamin B12 deficiency	Not Recommended	MOPB August 2019 West Essex CCG does not commission Maintenance or Preventative vitamin and mineral supplementation.	None Foreseen
Cyclophosphamide	All indications	Specialist Only	Under specialist supervision only. Specialist monitoring and funding required	None Foreseen
Cystistat	Recurrent UTI or painful bladder	Specialist Only	Addenbrookes DTC Dec 2014 agreed specialist prescribing and administration only	None Foreseen
Dapoxetine	Premature Ejaculation	Not Recommended	MOPB August 2019 Not recommended for prescribing in primary and secondary care as evidence base supporting its use consists of low quality short term trials, it is higher cost than alternative treatments and no NHS cost-effectiveness analysis is available.	None Foreseen
Dapsone	All indications	Specialist only	MOPB April and October 2018, high risk drug requires specialist support to prescribe and monitor	None Foreseen
Darbepoetin Alfa	Anaemia in people with Chronic Kidney Disease. NICE NG8 (June 2015)	Specialist Only	Under specialist supervision only. Specialist monitoring and funding required.	None Foreseen
Deferasirox	Anaemia	Specialist Only	Under specialist supervision only. Specialist monitoring and funding required.	None Foreseen
Deferiprone	Anaemia	Specialist Only	Under specialist supervision only. Specialist monitoring and funding required.	None Foreseen

Denosumab	All indications	Specialist Only	Under specialist supervision only. Specialist monitoring and funding required.	Only if under transfer of care guidance or shared care guidance – in line with NICE TA 204 and locally agreed for males July 2016
Desferrioxamine	Anaemia	Specialist Only	Under specialist supervision only. Specialist monitoring and funding required.	None Foreseen
Dexamethasone Intravitreal implant	All indications	Specialist Only	Specialist administration, monitoring and funding required	None Foreseen
Dibotermmin	Bone morphogenic protein	Specialist Only	Used during orthopaedic surgery	None Foreseen
Dicycloverine hydrochloride	Antimuscarinics	Not Recommended	Dicycloverine is not recommended for prescribing as it is poorly selective, more likely to cause anti-muscarinic adverse effects and there are lower cost alternatives with relatively fewer adverse effects.	None Foreseen
Dimethyl fumarate	All indications	Specialist only	Under specialist supervision only. Specialist monitoring and funding required.	None Foreseen
Domperidone	Use in children	Specialist Only	MOPB Sept 2019 Domperidone should only be prescribed for children by a specialist, and only if the benefits of using domperidone outweigh the risks of the cardiac adverse events.	None Foreseen
Dosulepin, Dothiepin (formerly Prothiaden)	Antidepressant	Not Recommended	Restricted use EPUT as toxic in overdose. Cardiotoxic. Except existing patients with no contra-indications. Alternatives include lofepramine, amitriptyline, trazodone mirtazepine. Not recommended in NICE CG 90 2010	Existing patients with no contra indications - continuing care guidance to be used
Doxazocin MR tablets	All indications	Not Recommended	No evidence of additional benefit over immediate release tablets and both are administered once daily. MOPB August 2017	None Foreseen

Doxylamine and pyridoxine	Nausea and vomiting in pregnancy	Not recommended	Prescribing of doxylamine plus pyridoxine (Xonvea®) for nausea and vomiting in pregnancy is NOT recommended in primary or secondary care. MOPB November 2018	None Foreseen
Dupilumab	Atopic Dermatitis	Specialist Only	Under specialist supervision only; affects immune response, monitoring and funding required.	None Foreseen
E-caps (vitamin E)	All indications	Not Recommended	Lower cost vitamin E products available MOPB May 2018	None Foreseen
e-cigarettes and novel nicotine containing products including the Voke inhaler	Nicotine replacement therapy	Not Recommended	MOPB Dec 2019 approved the East of England PAC policy for electronic cigarettes and other novel nicotine containing products including the Voke Inhaler for tobacco dependence	None Foreseen
Eculizumab	Anaemia	Specialist Only	Under specialist supervision only. Specialist monitoring and funding required.	None Foreseen
Eltrombopag	All indications	Specialist Only	Under specialist supervision only. Specialist monitoring and funding required.	None Foreseen
Eluxadoline	All indications	Specialist Only	Specialist prescribing only in line with NICE recommendations for the management of IBS. Refer to IBS guidelines.	None Foreseen
Enoxaparin	All indications	Specialist Only	Usually prescribed as part of a package of care from secondary care	None Foreseen
Ensure Plus Advance	All indications	Not Recommended	Not recommended for prescribing due to limited evidence to support its use over and above the cost effective products currently approved for use in West Essex. MOPB Sept 17	None Foreseen

Entecavir	Chronic Hepatitis B infection	Specialist Only	Under specialist supervision only. Specialist monitoring and funding required.	None Foreseen
Epoetin	Anaemia in people with Chronic Kidney Disease. NICE NG8 (June 2015)	Specialist Only	Under specialist supervision only. Specialist monitoring and funding required.	None Foreseen
Erenumab	All indications	Specialist Only	Under specialist supervision only. Specialist monitoring and funding required.	None Foreseen
Erlotinib	All indications	Specialist Only	Under specialist supervision only. Specialist monitoring and funding required.	None Foreseen
Ertapenem	Infections	Specialist Only	Patient@Home will prescribe and monitor if long term antibiotic are required. District Nurses have agreed to administer under shared care. MOPB Nov 2018	None foreseen
Erythropoietin	Anaemia in people with cancer having chemotherapy NICE TA 323 November 2014	Specialist Only	Under specialist supervision only. Specialist monitoring required.	None Foreseen
Esketamine	All indications	Specialist Only	Under specialist supervision only. Specialist monitoring required. MOPB June 2020	None Foreseen
Etanercept	All indications	Specialist Only	Under specialist supervision only; affects immune response, monitoring and funding required.	None Foreseen
Ethambutol	Tuberculosis	Specialist Only	Under specialist supervision only. Specialist monitoring required	None Foreseen
Ethosuximide	Epilepsy	Not Recommended	Supply difficulties. Existing patients to be reviewed by specialist care - decision under review June 2022	None foreseen, refer existing patients back to specialist care
Evolocumab	All indications	Specialist Only	Under specialist supervision only. Prescribed and monitored by specialist, funding required	None Foreseen

Fentanyl transdermal system Ionsys®	Analgesia	Not Recommended	Only licensed for use in hospitals registered with the REMS safety programme and patients who are alert enough and have adequate cognitive ability to understand the directions for use. Staff and patients must have suitable training prior to use. Device must be removed from patient before they leave the hospital. MOPB April 2016	None Foreseen
Fentanyl IR products	All indications	Not recommended. May only be prescribed by the palliative care specialist at the hospice in exceptional circumstances	Included within NHS England consultation for medicines regarded low priority as they lack robust evidence for clinical effectiveness, they are poor value for money or they are medicines for which there are safer alternatives. Licensed only for breakthrough pain in adult patients using maintenance opioid therapy for chronic cancer pain. According to NICE, it should not be offered as first line rescue medication (a NICE Do Not Do Recommendation). It is contraindicated in the management of acute or postoperative pain. Use outside of the licence has patient safety implications and should not be initiated. MOPB Sept 2017	None Foreseen
Ferric Maltol (Ferracru 30mg hard capsules)	All indications	Not recommended	MOPB January 2018- Not recommended for prescribing in primary and secondary care.	None Foreseen
Fibrinolytics	All indications	Specialist Only	Specialist diagnosis and monitoring required	
Fidaxomicin	First and subsequent <b>recurrence</b> of C.diff Infection	Specialist decision to prescribe only	Prescribing on recommendation of Consultant Microbiologist only. (MOPB Nov 15)	Only after recommendation from Microbiologist
Filgotinib	All indications	Specilaist only	Under specialist supervision only. Specialist monitoring and funding required. MOPB May 2021	None Foreseen

Filgrastim	Neutropenia	Specialist only	Under specialist supervision only. Specialist monitoring and funding required. Part of chemo package of care	None Foreseen
Finasteride	Androgenetic alopecia in men	Not recommended	Finasteride is not prescribable under the NHS for treatment of androgenetic alopecia in men	None Foreseen
Fingolimod	MS	Specialist Only	Under specialist supervision only. Specialist monitoring and funding required.	None Foreseen
Fluocinolone Intravitreal implant (Iluvien)	Chronic diabetic macular oedema in phakic eyes after an inadequate response to previous therapy (NICE TA613)	Not recommended	MOPB December 2019: In line with NICE TA613 Fluocinolone acetonide intravitreal implant is not recommended as an option for treating chronic diabetic macular oedema that is insufficiently responsive to available therapies in an eye with a natural lens (phakic eye).	None Foreseen
	Chronic diabetic macular oedema after prior therapy (NICE TA301)	Specialist Only	Under specialist administration only. Specialist monitoring and funding required.	None Foreseen
	Recurrent non-infectious uveitis in adults (NICE TA590)	Specialist Only	Under specialist administration only. Specialist monitoring and funding required.	None Foreseen
Fluorouracil 5% cream (Efudix®)	Actinic Keratosis	Specialists and those GPs with the skills and expertise to safely prescribe and monitor	Training required for diagnosis and management MOPB Aug 2021	None Foreseen
Flurazepam (formerly Dalmane)	Insomnia	Not recommended	Non-formulary for EPUT as hypnotic of misuse and not to be prescribed in GMS contract as Drug Tariff Part XVIII A	None Foreseen
Fondaparinux	Anti-Coagulant	Specialist Only	Specialist use only as part of a package of care and monitoring required	None Foreseen
Fomepizole	Ethylene glycol and methanol poisoning	Specialist Only	Emergency medicine	None Foreseen
Fostamatinib	All indications	Not recommended	NICE did not support the use of this treatment	None Foreseen

Fremanezumab	All indications	Specialist Only	Under specialist supervision only. Prescribed and monitored by specialist, funding required	None Foreseen
Fulvestrant	Licensed Indications	Not recommended	NICE TA 239 Dec 2011 does not recommended its use	None Foreseen
Galcanezumab	All indications	Specialist only	Under specialist supervision only. Specialist monitoring and funding required.	None Foreseen
Gemfibrozil	All indications	Not recommended	Not recommended for prescribing in primary or secondary care. Patient safety concerns - myositis and rhabdomyolysis. Same proven efficacy but less cost effective compared with other fibrates. MOPB December 2018.	None Foreseen
Ginkgo Biloba	Alzheimer's disease	Not recommended	Non-formulary EPUT. Not available on NHS. Risk of cerebral haemorrhage.	None Foreseen
Glatiramer	MS	Specialist Only	Under specialist supervision only. Specialist monitoring and funding required.	None Foreseen
Glucodrate®	All indications	Not recommended	Evidence does not support the use of Glucodrate® oral powder sachets MOPB June 2017. Withdrawn from the market Feb 2018 due to biochemical irregularities MOPB 1 March 2018	None Foreseen
Glucose Urine Test Strips	Diabetes	Not recommended	MOPB May 2018 The prescribing of glucose strips for urinalysis is not recommended	None Foreseen
Glucosamine & Chondroitin	All indications	Not recommended	No strong evidence of efficacy and a NICE “Do not do” recommendation. Widely available over the counter. MOPB August 2017	None Foreseen
Glycopyrronium Bromide Powder	Inotophoresis for hyperhidrosis	Specialist Only	NHS West Essex Dermatology Formulary, specialist funding required	None Foreseen



Glycopyrronium Bromide oral	All indications	Not recommended	Not normally recommended for prescribing in Primary or Secondary Care as it is very expensive and there are alternative cost effective medicines available. MOPB Jan 17	None Foreseen
Golimumab	All indications	Specialist Only	Under specialist supervision only; affects immune response, monitoring and funding required.	None Foreseen
Grazax	Grass Pollen Allergy	Not recommended	Oral lyophilisate Grazax® is not recommended for prescribing in Primary Care for disease-modifying treatment of grass pollen induced rhinitis and conjunctivitis in adults and children (5 years or older), with clinically relevant symptoms and diagnosed with a positive skin prick test and/or specific IgE test to grass pollen. (licensed indication SPC) It should only be prescribed by a specialist at a highly specialist centre including outreach when delivered as part of a provider network.	None Foreseen
Guselkumab	All indications	Specialist Only	Under specialist supervision only; affects immune response, monitoring and funding required.	None Foreseen
Guanfacine	Adults	Not recommended	Do not offer guanfacine for adults for ADHD without advice from a tertiary ADHD service NICE NG 87 therefore not suitable for GP prescribing MOPB May 2021	Within a shared care agreement for children in line with NICE recommendations NG 87 MOPB Nov 2020
Haloperidol injection	Antipsychotic	EPUT prescribers only	Restricted EPUT formulary as patients should have ECG before use. Alternatives for community include risperidone quicklets, olanzapine velotabs	None Foreseen
Heparinised saline	Maintaining patency of Central Venous Catheters in <b>Adults</b>	Not recommended	RMOC Feb 2019 and MOPB Feb 2019: Heparinised saline should not be prescribed in primary care for maintaining patency of Central Venous Catheters in <b>Adults</b> .	None foreseen. For <b>children</b> please refer to guidance within pan London Paediatric Haematology & Oncology: Supportive Care Protocols. MOPB June 2020

Hepatitis B Vaccine	Travel purposes	Not recommended	NHS England guidance for items which should not be routinely prescribed in Primary Care advises prescribers in primary care should not initiate the stated vaccines exclusively for the purposes of travel for any new patient. MOPB Jan 2018	Vaccine may continue to be administered for purposes other than travel, if clinically appropriate.
Herbal supplements	All indications	Not recommended	There is a limited evidence base and a lack of robust randomised controlled trials directly comparing these products with standard treatments. Some are also associated with severe adverse effects; they may significantly interact with other medicines and can delay accurate diagnosis of underlying pathology. None reviewed by NICE recommend their use. These items are not licensed Drugs under the Medicines Act, so there is no approved summary of product characteristics (SmPC) for prescribers to consult. (N.B. prescribers are only indemnified by a drug company if there is an SmPC and if the drug is used within licensed indications). This concurs with the CCG OTC guidance: Treatment of Unproven Value , Guidance on OTC prescribing	None Foreseen
Hepatitis therapy	Hepatitis	Specialist Only	Specialist commissioning by NHSE for specialist centres only	None Foreseen
HIV treatments	HIV Infections	Specialist Only	Specialist commissioning by NHSE for specialist centres only	None Foreseen

Homeopathy	All Indications	Not recommended	There is a limited evidence base and a lack of robust randomised controlled trials directly comparing these products with standard treatments. Some are also associated with severe adverse effects; they may significantly interact with other medicines and can delay accurate diagnosis of underlying pathology. None reviewed by NICE recommend their use. These items are not licensed Drugs under the Medicines Act, so there is no approved summary of product characteristics (SmPC) for prescribers to consult. (N.B. prescribers are only indemnified by a drug company if there is an SmPC and if the drug is used within licensed indications). This concurs with the CCG OTC guidance: Treatment of Unproven Value , Guidance on OTC prescribing	None Foreseen
Hyaluronic acid eg Synvisc®	Intra-articular Injection	Not recommended	NICE 'do not do' Clinical Guidelines 177, MOPB June 2017. The prescribing of intra-articular injections of hyaluronic acid and its derivatives for osteoarthritis is not supported.	None Foreseen
Hydrocortisone granules (Alkindi®)	All indications	Not recommended	MOPB Oct 2019 not recommended for prescribing in primary or secondary care until a full evaluation of the product has been undertaken either regionally or nationally.	None Foreseen
iAluril	Recurrent UTI or painful bladder	Specialist Only	Addenbrookes DTC Dec 2014 agreed specialist prescribing and administration only	None Foreseen
Imatinib	All indications	Specialist Only	Under specialist supervision only. Specialist monitoring and funding required	None Foreseen
Imiquimod cream	All indications	GPwSI and Specialist only	Under specialist supervision only. Also see actinic keratosis guidelines MOPB August 2017	None Foreseen

Immunoglobulins	Immunoglobulin	Specialist Only	DoH Clinical Guidelines for the use of IVIGs Aug 2011, prescribing is within secondary/tertiary care only.	None Foreseen
Infliximab	All indications	Specialist Only	Under specialist supervision only; affects immune response, monitoring and funding required.	None Foreseen
Inositol nicotinate	Intermittent claudication in people with peripheral arterial disease	Not recommended	NICE TA 223 May 2011 does not recommend the use of inositol nicotinate for this indication	None Foreseen
INR self testing strips pack size 48	Anticoagulation	Not recommended	High frequency of using strips may indicate inappropriate use or unstable INR. 48 strips per 6 months equates to twice weekly testing	INR self testing strips pack size 24 are available for existing patients
Insulin pumps	Diabetes Type 1	Specialist Only	NICE TA 151 July 2008 advises initiation and education of insulin pump by specialist only. Specialist funding required. Insulin used within the pump is prescribable by GPs	None Foreseen
Interferon Alfa-2B	All indications	Specialist Only	Under specialist supervision only. Specialist monitoring and funding required	None Foreseen
Interferon Beta	All indications	Specialist Only	Under specialist supervision only. Specialist monitoring and funding required	None Foreseen
Interferon gamma	All indications	Specialist Only	Under specialist supervision only. Specialist monitoring and funding required	None Foreseen
Iron, parenteral	Anaemia	Specialist Only	MHRA – serious hypersensitivity reactions, including life-threatening and fatal anaphylactic reactions have been reported	None Foreseen
Isocarboxazid	Antidepressant MAOI	Not recommended	Non-formulary for EPUT as risk of postural hypotension and hepatotoxicity - BNF	None Foreseen
Isoniazid	Tuberculosis	Specialist Only	Under specialist supervision only. Specialist monitoring required	None Foreseen

Isotretinoin Capsules	Acne	Specialist Only	NHS West Essex Dermatology Formulary - Safety concerns, strict monitoring requirements and restricted availability	None Foreseen
IVF drugs for private patients	Infertility	Specialist Only	If the patient does not meet the criteria for NHS IVF treatment then the whole treatment is private and the drugs cannot be prescribed on the NHS. Where NHS funds IVF, all drugs to be provided by specialists as part of a package of care.	None Foreseen
Ixekizumab	All indications	Specialist Only	Under specialist supervision only; affects immune response, monitoring and funding required.	None Foreseen
Japanese Encephalitis Vaccines	Travel purposes	Not recommended	NHS England guidance for items which should not be routinely prescribed in Primary Care advises prescribers in primary care should not initiate the stated vaccines exclusively for the purposes of travel for any new patient. MOPB Jan 2018	Vaccine may continue to be administered for purposes other than travel, if clinically appropriate.
Ketorolac	Eye drops	Specialist Only	Licensed for 3 weeks post cataract complete course to be provided by secondary care.	None Foreseen
L-arginine	Metabolic disease	Specialist Only	MOPB April 2018 Hospital only prescribing requires specialist prescribing and monitoring	None Foreseen
Lanthanum	Hyperphosphataemia	Specialist Only	Under specialist supervision only. Specialist monitoring required	Shared care agreement in place
Lanreotide	All indications	Specialist Only	Lanreotide is not recommended for prescribing in Primary Care for: Acromegaly & Cancer As no shared care has been agreed by West Essex MOPB. Lanreotide for congenital hyperinsulinism specialist prescribing only.	None Foreseen

Lenalidomide	All indications	Specialist Only	Under specialist supervision only as safety concerns BNF. Specialist monitoring and funding required	None Foreseen
Lenograstim	Neutropenia	Specialist Only	Under specialist supervision only. Specialist monitoring and funding required. Part of chemo package of care.	None Foreseen
Lesinurad	Hyperuricaemia	Not recommended	NICE TA 506 does not recommend the use of lesinurad for treating hyperuricaemia in adults with gout. MOPB 1 March 2018	None foreseen
Levocarnitine	Metabolic disease	Specialist Only	MOPB April 2018 Hospital only prescribing requires specialist prescribing and monitoring	None Foreseen
Levosert® (Levonorgestrel)	Contraception and Heavy Menstrual Bleeding	Not recommended	MOPB October 2018. Non-formulary due to size and licenced indication compared to products already on formulary.	None foreseen
Lidocaine patches	Localised neuropathic pain	Not recommended	Not recommended for localised neuropathic pain. Prescribing should be restricted to patients with postherpetic neuralgia, in whom alternative treatments are ineffective or contraindicated. MOPB August 2017	None Foreseen
Linezolid	Antibiotic	Specialist Only	Microbiologist recommendation only. Requires monitoring and safety concerns – blood disorders and optic neuropathy. Specialist to prescribe complete course. BNF	None Foreseen
Liraglutide (Saxenda®)	Obesity	Specialist Tier 3 weight management service in secondary care only	Prescribed in line with NICE TA 6644 in secondary care by a specialist multidisciplinary tier 3 weight management service.	None Foreseen
Liothyronine	Hypothyroidism	Not recommended	NOT RECOMMENDED for prescribing in primary and secondary care unless patent meets criteria recommended in RMOC guidance MOPB Sept 2019	If patient has been assessed by a specialist and meets RMOC criteria

Lofexidine	Opioid dependence NICE CG 52, 2008	EPUT prescribers only	Restricted EPUT formulary as cardiac monitoring required, used by specialists in opioid dependence only. BNF	GPs with special interest in mental health
Low molecular weight heparins	All indications	Specialist Only	Prescribed as part of a package of care from secondary /tertiary care	None Foreseen
Lurasidone	All indications	Not recommended for prescribing in primary care - decision under review June 2022	Restricted prescribing agreed EPUT MMG 2022. Medicine under evaluation across Herts and west Essex June 2022	None Foreseen
Lusutrombopag	Thrombocytopenia	Specialist Only	Under specialist supervision only. Specialist monitoring and funding required. MOPB Jan 2020; NICE TA617.	None Foreseen
Lutein and antioxidant vitamins	Age Related Macular Degeneration	Not recommended	Evidence suggests there is little benefit from using lutein and other oral anti-oxidant vitamin supplements for the prevention of Age Related Macular Degeneration, In some people there is a possibility these supplements could lead to harm. Patients should be advised to eat a healthy diet including plenty of dark green leafy vegetables such as kale and spinach, oily fish and plenty of fruit. The Macular Society leaflet provides more information on dietary sources. if desired, should be obtained by purchasing products over the counter. The products are not licensed medicines and are classed as food supplements. Lutein and antioxidant vitamins are not suitable for some groups of patients, i.e. beta carotene has been found to increase the risk of lung cancer in smokers. This concurs with the CCG OTC guidance: Guidance on OTC prescribing , and Treatment of Unproven Value	None Foreseen

Macitentan	All indications	Specialist Only	Under specialist supervision only. Specialist monitoring and funding required	None Foreseen
Malaria prophylaxis	Travel purposes	Not Recommended	Not reimbursable under the NHS	Provide a private prescription
Mecasermin	Somatomedins	Specialist Only	Specialist commissioning by NHSE for specialist centres only as monitoring and funding required	None Foreseen
Melatonin	Short-term treatment of jet-lag in adults	Not Recommended	MOPB July 2019 Not recommended for prescribing in primary and secondary care as its use is outside of the NHS service (GMC contract).	None Foreseen
Meningitis ACWY Vaccine	Travel purposes	Not recommended	NHS England guidance for items which should not be routinely prescribed in Primary Care advises prescribers in primary care should not initiate the stated vaccines exclusively for the purposes of travel for any new patient. MOPB Jan 2018	Vaccine may continue to be administered for purposes other than travel, if clinically appropriate.
Mepacrine	Systemic Lupus Erythematosus	Specialist only	Specialist only prescribing for new patients as requires specialist skills for prescribing and monitoring. MOPB Jan 22	To consider repatriating existing patients if appropriate
Meprobamate	Anxiety	Not Recommended	Non-formulary for EPUT as less effective than benzodiazepines, more hazardous in overdose and can induce dependence - BNF	None Foreseen
Metabolic disease medicines	Metabolic disease	Specialist only	MOPB April 2018 Hospital only prescribing requires specialist prescribing and monitoring	None foreseen
Methadone injection (Physeptone)	Opioid Dependence	Not Recommended	Non-formulary for EPUT - liquid preferred formulation	Refer to local CDAT
Methadone tablet (Physeptone)	Opioid Dependence	Not Recommended	Non-formulary for EPUT - liquid preferred formulation	Refer to local CDAT.



Methocarbamol	Short-term adjunct to the symptomatic treatment of acute musculoskeletal disorders associated with painful muscle spasms	Not Recommended	MOPB July 2019 Not recommended for prescribing in primary and secondary care as it is not included within nationally nor locally approved pathways.	None Foreseen
Methotrexate 10mg tabs	All indications	Not Recommended	Safety to ensure strengths are not confused. Only prescribe 2.5mg tablets	None Foreseen
Methylnaltrexone	All indications	Palliative Care Only	NICE TA 277 not recommended for treating opioid-induced bowel dysfunction. MOPB March 2016. Palliative Care formulary update Sept 16, under special circumstances and with support Palliative Care Consultant may invite GP to prescribe	Only if requested by the Palliative Care Consultant, under special circumstances and with support
Methyl Aminolevulinate Cream or gel	Photodynamic Therapy	Specialist Only	NHS West Essex Dermatology Formulary – used in specialist centres in combination with photodynamic therapy.	None Foreseen
5-Methoxypsoralen	Psoriasis	Specialist Only	NHS West Essex Dermatology Formulary - used in specialist centres in combination with photodynamic therapy.	None Foreseen
8-Methoxypsoralen	Psoriasis	Specialist Only	NHS West Essex Dermatology Formulary- used in specialist centres in combination with photodynamic therapy.	None Foreseen
Mexiletine	All indications	Specialist only	MOPB March 2019 - there is not enough evidence base at present to be added to formulary.	None Foreseen
Mianserin (formerly Bolvidon)	Antidepressant	Not recommended	Non-formulary for EPUT due to the risk of agranulocytosis BNF	None Foreseen

Minocycline	Acne	Not recommended	NHS West Essex Dermatology Formulary- not normally recommended due to greater risk of lupus erythematosus-like syndrome, and can cause irreversible pigmentation BNF	None Foreseen
Naloxone nasal spray	Emergency use in the home or other non-medical setting by appropriate individuals or in a health facility setting for the complete or partial reversal of respiratory depression induced by natural and synthetic opioids.	Supplied by Essex STaRS only	Do not prescribe in Primary Care. Essex STaRS Substance Misuse Services have been trained to issue take home naloxone kits and are authorised to train service users in overdose management. MOPB June 2020	None foreseen
Naloxone pre-filled syringe (Prenoxad®)	Emergency use in the home or other non-medical setting by appropriate individuals or in a health facility setting for the complete or partial reversal of respiratory depression induced by natural and synthetic opioids.	Supplied by Essex STaRS only	Do not prescribe in Primary Care. Essex STaRS Substance Misuse Services have been trained to issue take home naloxone kits and are authorised to train service users in overdose management.	None Foreseen
Naltrexone and Bupropion (Mysimba®)	Obesity	Not recommended	Limited efficacy, insufficient evidence in relation to long term safety and efficacy. Specific safety concerns regarding adverse effects including cardiovascular effects and potential for seizures. Unavailability of information on cost effectiveness and cost impact. MOPB April 2016, NICE TA 494.	None Foreseen
Natalizumab	MS	Specialist Only	Under specialist supervision only. Specialist monitoring and funding required	None Foreseen
Natamycin eye drops	All indications	Specialist only	MOPB April 2018 Hospital only prescribing requires specialist prescribing and monitoring	None Foreseen
NHS England	All indications stated	Specialist Only	Specialist monitoring prescribing and funding required.	None foreseen except if approved shared care agreement in place for drugs and indications

commissioned drug	All indications stated	Specialist Only	<a href="#">For complete up to date list please see the NHS England Drugs List.</a>	agreement in place for drugs and indications listed as suitable on the drug list.
Nitisinone	Metabolic disease	Specialist Only	MOPB April 2018 Hospital only prescribing requires specialist prescribing and monitoring	None Foreseen
Nitrazepam	Insomnia	Not recommended	Non-formulary for EPUT as long half-life, muscle relaxant, increases reaction time, leads to falls in elderly /debilitated. EPUT	Review existing patients. Refer to Trust 'Guidance for Medicines for sleeplessness' for planned withdrawal/change to shorter-acting drug.
Noqdirna®	All indications	Not recommended	MOPB April 2018 not to be prescribed in primary or secondary care until evaluated at MOPB	None foreseen
NSAID plasters	All indications	Not recommended	MOPB February 2020: NSAID plasters are not recommended for prescribing in primary or secondary care.	None foreseen
Obeticholic acid	All indications	Specialist Only	Under specialist supervision only. Specialist monitoring and funding required	None foreseen
Ocriplasmin	Vitreomacular traction	Specialist Only	Under specialist administration only. Specialist monitoring and funding required	None Foreseen
Octreotide	All indications	Specialist Only	Specialist commissioning by NHSE for specialist centres only as monitoring required and prescribed as part of a package of care	None Foreseen
Olanzapine embonate long acting injection	Antipsychotic	Not recommended	Restricted use EPUT formulary as requires high level of monitoring in inpatient conditions EPUT	None Foreseen
Omalizumab	All Indications	Specialist Only	Under specialist supervision only. Specialist monitoring and funding required	None Foreseen

<p>Omega 3 fatty acids and other fish oils</p>	<p>All indications</p>	<p>Not recommended</p>	<p>There are no good quality data for the use of omega 3 fish oils in prevention of dementia, pre-menstrual syndrome, attention-deficit hyperactivity disorder (ADHD), atrial fibrillation, eczema, osteoarthritis or age related macular degeneration. NICE guidance recommends against prescribing omega-3 fatty acids for the primary prevention of coronary heart disease. Use in patients with schizophrenia is unlicensed and should be reviewed in conjunction with a specialist with a view to stopping prescribing if no benefit has been achieved. Patients should be advised to increase their dietary intake of omega-3 fatty acids. Details available online: Treatment of Unproven Value</p>	<p>None Foreseen</p>
<p>ONS pudding and desserts</p>	<p>All indications</p>	<p>Not recommended</p>	<p>ONS puddings and desserts should not be routinely initiated in primary care. Equivalent nutrition is widely available over the counter in shop bought puddings/ desserts, or for patients meeting ACBS criteria, more cost effectively from powdered/ ready to drink liquid ONS. MOPB 17</p>	<p>These products should only be prescribed if the patient:          Has, or is at high risk of malnutrition  <b>AND</b>          Has been assessed by a Speech and Language Therapist (SLT) as having dysphagia rendering more cost effective ONS unsafe to thicken  <b>AND</b>          Recommended by a dietitian with a justification and treatment plan</p>
<p>Oscillating Positive Expiratory Pressure Devices (OPEPD)</p>	<p>All indications</p>	<p>Not recommended</p>	<p>There is limited evidence to support prescribing therefore not recommend for prescribing in Primary Care.</p>	<p>None Foreseen</p>
<p>Oxycodone ONCE daily fomrulations</p>	<p>All indications</p>	<p>Not recommended</p>	<p>Not recommended for prescribing in primary or secondary care due to safety concerns of frequency of dosing compared to the twice daily dosing products already on the formulary MOPB 1 March 2018</p>	<p>None foreseen</p>

Oxycodone/ naloxone prolonged release (Targinact®)	All indications	Not recommended	Equivalent analgesic effect to that of oxycodone. Naloxone does not eliminate constipation and long term effects are uncertain. MOPB August 2017	None Foreseen
Palforzia	All indications	Tertiary allergy specialists only	Under specialist supervision only. Specialist monitoring required	None Foreseen
Palivizumab	Prevention of RTI caused by RSV	Specialist Only	Under specialist supervision only. Specialist monitoring and funding required	None Foreseen
Paracetamol/ Tramadol combination (Tramacet®)	All indications	Not recommended	Sub-therapeutic doses of paracetamol and tramadol. Similar efficacy to Ibuprofen and co-codamol 30/500. MOPB August 2017	None Foreseen
Paraldehyde injection	Epilepsy	Not recommended	Non-formulary for EPUT as largely superseded by safer or more effective agents Data sheet	None Foreseen
Pasireotide	All indications	Specialist Only	Specialist commissioning by NHSE for specialist centres only as monitoring required and prescribed as part of a package of care	None Foreseen
Pegaptanib	Ocular Disorders	Specialist Only	Under specialist supervision only. Specialist monitoring and funding required	None Foreseen
Pegfilgrastim	Neutropenia	Specialist Only	Under specialist supervision only. Specialist monitoring and funding required	None Foreseen
Pegvisomant	Acromegaly	Specialist Only	Under specialist supervision only. Specialist monitoring and funding required	None Foreseen
Pegylated interferon	All indications	Specialist Only	Under specialist supervision only. Specialist monitoring and funding required	None Foreseen
Pentamidine	Pneumocystic Pneumonia	Specialist Only	Under specialist supervision only. Specialist monitoring and funding required	None Foreseen

Pentosan	Bladder pain syndrome	Specialist only	MOPB February 2020. Approved for use in secondary care for treating bladder pain syndrome in line with NICE TA610 (November 2019) recommendations. Not approved for other indications Nov 2015	None Foreseen
Pentoxifylline	Intermittent claudication in people with peripheral arterial disease	Not recommended	NICE TA223 May 2011 does not recommend the use of pentoxifylline for this indication	None Foreseen
Perindopril Arginine	All indications	Not recommended	No clinical benefit over perindopril erbumine and is significantly more expensive. MOPB August 2017	None Foreseen
Pethidine	All indications	Not recommended	MOPB Sept 2019 Pethidine is not recommended for the management of long term persistent pain because fast-acting opioid medicines, like pethidine tablets are not useful for managing continuous pain.	Review existing patients currently being prescribed pethidine with a plan to stop /move to a more effective pain management medication.
Phytomenadione injection (Vitamin K)	All indications	Not recommended for prescribing in Primary Care	Anticoagulant clinic is responsibility for managing anticoagulant care MOPB May 2018	None foreseen
Pigmanorm®	Melasma	Not recommended	Not recommended for prescribing in primary or secondary care. MOPB November 2018	None foreseen
Pimozide	Antipsychotic	Not recommended	Non- formulary for EPUT as marked side effects. Annual ECG recommended. -BNF	None Foreseen
Pirenzepine	For side effects of Clozapine	EPUT prescribers only	Restricted EPUT formulary as only available as an unlicensed product, used off label	None Foreseen
Pitolisant	All indications	Specialist Only	Specialist knowledge required for prescribing and monitoring	None Foreseen
Pitolisant	Treating excessive daytime sleepiness caused by obstructive sleep apnoea	Not recommended	NICE TA 777 does not recommend for this indication. MOPB May 2022 not recommended for prescribing in primary or secondary care	None Foreseen

Predfoam®	All indications	Not recommended	MOPB April 2018 Predfoam lower cost equivalent options available	Only if alternatives are not tolerated
Prednisolone EC	Anti-inflammatory	Not recommended	Non formulary in West Essex, More expensive, no advantages over plain tablets	None Foreseen
Primidone (formerly Mysoline)	Epilepsy	Not recommended	Restricted EPUT formulary as safety concerns, visual disturbances, lupus erythematosus, psychosis BNF	None Foreseen
Promazine IM	Antipsychotic	Not recommended	Non-formulary for EPUT as difficult to obtain and unlicensed in UK.	None Foreseen
Promazine oral (formerly Sparine)	Antipsychotic	Not recommended	Non-formulary for EPUT. Erratic unpredictable absorption, not normally recommended by BNF. Alternatives include promethazine, levomepromazine, pericyazine, chlorpromazine, fluphenazine EPUT	None Foreseen
PUVASoralen-8 1.2% Bath Additive	Psoriasis	Specialist Only	NHS West Essex Dermatology Formulary – an unlicensed medicine prescribed under the supervision of a specialist for photochemotherapy of psoriasis	None Foreseen
Pyrazinamide	Tuberculosis	Specialist Only	Under specialist supervision only. Specialist monitoring required	None Foreseen
Qtern 5mg/10mg film coated tablets (Saxagliptin/ Dapagliflozin)	Type 2 diabetes	Not recommended	MOPB December 2017- Not recommended for prescribing in primary or secondary care	None Foreseen
Rabies Vaccines	Travel purposes	Not recommended	NHS England guidance for items which should not be routinely prescribed in Primary Care advises prescribers in primary care should not initiate the stated vaccines exclusively for the purposes of travel for any new patient. MOPB Jan 2018	Vaccine may continue to be administered for purposes other than travel, if clinically appropriate.

Ranibizumab	Ocular disorders	Specialist Only	Under specialist administration only. Specialist monitoring and funding required	None Foreseen
Ribavirin	All indications	Specialist Only	Under specialist supervision only. Specialist monitoring and funding required	None Foreseen
Rifampicin	Tuberculosis	Specialist Only	Under specialist supervision only.	None Foreseen
Rifampicin and clindamycin	Hidradenitis Suppurativa	Specialist Only	Under specialist supervision only. Specialist and GP with extended role in dermatology only as medicines and condition requires specialist skills for prescribing and monitoring. MOPB Jan 22	None Foreseen
Rifaximin 200mg Xifaxanta®	Traveller's diarrhoea	Not recommended	MOPB August 2016 - Xifaxanta® 200mg is not recommended for prescribing in Primary or Secondary Care as the limited spectrum of bacterial activity means it is unclear how rifaximin can be used empirically when the causative agent is unknown.	None Foreseen
Rituximab	All indications	Specialist Only	Under specialist supervision only. Specialist monitoring and funding required.	None Foreseen
Risankizumab	All indications	Specialist Only	Under specialist supervision only as affects immune response. Specialist monitoring and funding required.	None Foreseen
Roflumilast	COPD	Specialist Only	Specialist Prescribing only in line with NICE TA461 (July 2017)	None Foreseen
Romiplostim	ITP	Specialist Only	Under specialist supervision only. Specialist monitoring and funding required	None Foreseen



Rubefacients	Analgesics	Not recommended	There is lack of evidence to support the use of rubefacients in acute or chronic musculoskeletal pain. The BNF states “The evidence available does not support the use of topical rubefacients in acute or chronic musculoskeletal pain.” NICE have issued the following “Do not do” recommendation: Do not offer rubefacients for treating osteoarthritis. Details available on the website: Treatment of Unproven Value	None Foreseen
Rufinamide	All indications	Not recommended	Non-formulary EPUT. Decision confirmed MOPB Nov 2016	None Foreseen
Ruxolitinib	All indications	Specialist Only	Under specialist supervision only. Specialist monitoring and funding required	None Foreseen
Sarilumab	All indications	Not recommended	Under specialist supervision only. Specialist monitoring and funding required	None foreseen
Sativex cannabis spray	MS	Secondary care prescribing only	Not normally recommended for prescribing in primary care. Secondary care prescribing only in line with recommendations within NICE CG 144 Cannabis-based medicinal products published Nov 2019. Approved MOPB July 2021	None Foreseen
Secukinumab	All indications	Specialist Only	Under specialist supervision only; affects immune response, monitoring and funding required.	None Foreseen
Shower gels and bath additives	All indications	Not Recommended	Not recommended, no evidence to support the use of bath additives in children with eczema BMJ 2018;361 MOPB Aug 2018	None Foreseen
Sildenafil 20mg tablets	Pulmonary arterial hypertension	Specialist Only	Under specialist supervision only. Specialist monitoring and NHSE funding required.	None foreseen

Silk Garments	All indications	Not Recommended	MOPB July 2019 Not recommended for prescribing as recommended within NHSE 'Items which should not routinely be prescribed in primary care' July 2019	None Foreseen
Sodium benzoate	Metabolic disease	Specialist Only	MOPB April 2018 Hospital only prescribing requires specialist prescribing and monitoring	None Foreseen
Sodium cromoglicate capsules	Food Allergy	Specialist Only	Not normally recommended for prescribing in primary care. Evidence supporting use is limited, usually initiated in infants under 2 years which is outside of license and use is short term, therefore prescribing should remain with the Specialist. MOPB Feb 2017.	None Foreseen
Sodium Oxybate	All indications	Specialist Only	Not normally recommended for prescribing in primary care. Secondary care prescribing only. PAC recommendations for sodium oxybate for narcolepsy with cataplexy in adults approved at June 2021 MOPB.	None Foreseen
Sodium phenylbutyrate	Metabolic disease	Specialist Only	MOPB April 2018 Hospital only prescribing requires specialist prescribing and monitoring	None Foreseen
Solriamfetol	Treating excessive daytime sleepiness caused by obstructive sleep apnoea	Not recommended	NICE TA 776 does not recommend for this indication. MOPB May 2022 not recommended for prescribing in primary or secondary care	None Foreseen
Solriamfetol	Treating excessive daytime sleepiness caused by narcolepsy	Specialist Only	In line with NICE TA 758 under specialist supervision only. Prescribed and monitored by specialist, funding required	None Foreseen
Solriamfetol	All other indications	Not recommended	These have not been evaluated by NICE	None Foreseen
Stiripentol	All indications	Specialist Only	Not usually recommended for prescribing in Primary Care, rare condition requiring specialised monitoring MOPB Mar 2017	None Foreseen

St. John's Wort Herbal Medicine	Antidepressant	Not recommended	Non formulary for EPUT due to variation in potency and interactions with other drugs, (an enzyme inducer).	None Foreseen
Tadalafil	For Benign Prostatic Hyperplasia (BPH)	Not recommended	Tadalafil for the treatment of the signs and symptoms of benign prostatic hyperplasia in adult males is NOT NORMALLY RECOMMENDED for Primary, Secondary or Tertiary Care prescribing	None Foreseen
Tadalafil	For Penile Rehabilitation	Not recommended	Tadalafil for penile rehabilitation is NOT NORMALLY RECOMMENDED for Primary Care prescribing	None Foreseen
Tadalafil	Once daily for ED	Not recommended	Tadalafil once daily is NOT recommended for prescribing in Primary or Secondary Care. Do not choose tadalafil once daily for treating ED on the basis of favourable efficacy. The evidence suggests that tadalafil 5mg daily has a similar efficacy to tadalafil 10mg or 20mg taken on demand for ED. MOPB Sept 2017	None Foreseen
Teicoplanin	Infections	Specialist Only	Patient@Home will prescribe and monitor if long term antibiotic are required. District Nurses have agreed to administer under shared care. MOPB June 2017	None Foreseen
Teriflunomide	All indications	Specialist Only	Under specialist supervision only. Specialist monitoring and funding required	None Foreseen
Teriparatide	Osteoporosis, Pagets disease, hypercalcaemia of malignancy	Specialist Only	Restricted to initiation by specialists experienced in the treatment of osteoporosis following assessment of fracture risk including measurement of BMD. Specialist funding required.	None Foreseen
Thalidomide	All indications	Specialist Only	Under specialist supervision only. Safety concerns – VTE, neutropenia, thrombocytopenia, peripheral neuropathy and funding required BNF	None Foreseen

Thickeners (sachets)	All indications	Not recommended	Prescribing of sachets is not routinely recommended as these are not cost effective	None Foreseen
Thuasne Action Reliever Knee Pressure Offloading Device	All indications	Not recommended	Not recommended for routine prescribing in primary or secondary care, in line with PAC position, as limited evidence for clinical and cost effectiveness. After specialist consultation if considered to be the best option for the patient, it should be supplied and fitted by a specialist or secondary care clinic. MOPB Jan 22	None Foreseen
Tick-borne encephalitis vaccine	Travel purposes	Not recommended	NHS England guidance for items which should not be routinely prescribed in Primary Care advises prescribers in primary care should not initiate the stated vaccines exclusively for the purposes of travel for any new patient. MOPB Jan 2018	Vaccine may continue to be administered for purposes other than travel, if clinically appropriate.
Tildrakizumab	All indications	Specialist Only	Under specialist supervision only; affects immune response, monitoring and funding required.	None Foreseen
Tobramycin (Tobi® Podhaler) dry powder for inhalation	Cystic fibrosis	Specialist Only	GP prescribing of Tobi® Podhaler not normally recommended as Patient Access Scheme not available in primary care. NHSE	None Foreseen
Tocilizumab	All indications	Specialist Only	Under specialist supervision only; affects immune response, monitoring and funding required.	None Foreseen
Tofacitinib	All indications	Specialist Only	Under specialist supervision only, safety issues and specialist funding required.	None foreseen
Tolvaptan	Low Sodium	Specialist Only	Specialist use only; rapid correction of hyponatraemia can cause osmotic demyelination, leading to serious neurological events; close monitoring of serum sodium concentration and fluid balance is essential. BNF	None Foreseen
Total Parenteral Nutrition	IV feed	Specialist Only	Specialist monitoring and funding required	None Foreseen

Tranlycypromine	Antidepressant MAOI	Not recommended	Non-formulary for EPUT as safety concerns with hypertensive crisis BNF	None Foreseen
Triamcinolone	Hay fever symptoms	Not recommended	Triamcinolone (Kenalog®) is not recommended for the management of hay fever symptoms. The risk-benefit profile is poor compared with other treatments available; there is a potential to cause prolonged effects and any adverse effects are difficult to reverse	None Foreseen
Trientine	All indications	Specialist only	Under specialist supervision only. Prescribed and monitored by specialist, funding required. Shared care exists between tertiary and secondary care only	None Foreseen
Trimipramine	All indications	Not recommended	Not an EPUT formulary. SSRIs are first line for management of depression. If TCA is required, Imipramine is a more cost effective alternative. MOPB August 2017	None Foreseen
Ulipristal (Esmya®)	Uterine fibroids	Not recommended	<a href="#">MHRA August 2018 Esmya (ulipristal acetate) and risk of serious liver injury: new restrictions to use and requirements for liver function monitoring before, during, and after treatment</a>	None foreseen
Upadacitinib	All indications	Specialist only	Under specialist supervision only as affects immune response. Specialist monitoring and funding required.	None foreseen
Ustekinumab	All indications	Specialist Only	Under specialist supervision only as affects immune response. Specialist monitoring and funding required.	None Foreseen
VACOCast	All indications	Not recommended	MOPB Sept 2019 VACOCast Diabetic boot is not recommended for prescribing in Primary or Secondary Care until a business case has been considered and approved by West Essex CCG.	None Foreseen
Vedolizumab	All indications	Specialist Only	Under specialist supervision only; affects immune response, monitoring and funding required.	None Foreseen
Vigabatrin	Epilepsy	Not recommended	Restricted use EPUT. Under review in west Essex	None Foreseen

Vitamin B Compound	All indications	Not recommended	MOPB August 2019 Not recommended for prescribing in primary or secondary care.	None Foreseen
Vitamin B Compound Strong	All indications	Specialist Only	MOPB August 2019 Specialist only for refeeding syndrome (10 days treatment) and treatment of identified Vitamin B deficiency states. Not recommended for prescribing in primary care.	None Foreseen
Yellow fever vaccine	Travel purposes	Not recommended	NHS England guidance for items which should not be routinely prescribed in Primary Care advises prescribers in primary care should not initiate the stated vaccines exclusively for the purposes of travel for any new patient. MOPB Jan 2018	Vaccine may continue to be administered for purposes other than travel, if clinically appropriate.
Zoledronic Acid	All indications	Specialist Only	IV infusion, biochemical monitoring required BNF	None Foreseen
Zuclopenthixol acetate injection	Antipsychotic	EPUT prescribers only	Restricted EPUT formulary, few RCT and no evidence to suggest it is more effective than standard care, Cochrane	None Foreseen